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ABSTRACT

This document is the final volume of a six-volume set of reports on sexuality education. It is a guide to major resources for sexuality education designed for professionals working with children and adolescents between the ages of 3 and 18. It reviews books, films, filmstrips, curricula, charts, models, and games for youth in elementary and secondary school. Information on each resource includes the author, title, publisher or distributor, date, and approximate grade level. The price is included for audiovisual resources and curricula. With a few exceptions, the listed resources are followed by detailed annotations which describe the content and usefulness of each item, give special attention to the racial composition of characters, and specify the audience that would be most receptive. The guide also mentions any values conveyed that may conflict with the values of potential users. The 387 references are divided into 9 sections: (1) Books: Elementary School; (2) Books: Junior High School; (3) Books: Senior High School; (4) Films: Elementary School; (5) Films: Junior and Senior High School; (6) Filmstrips: Elementary School; (7) Filmstrips: Junior and Senior High; (8) Curricula; and (9) Charts, Models and Games. The address and telephone number for the publisher or distributor of each reference is provided in the "List of Publishers" and the "Audiovisual Distributors" sections at the end of the guide. (NB)

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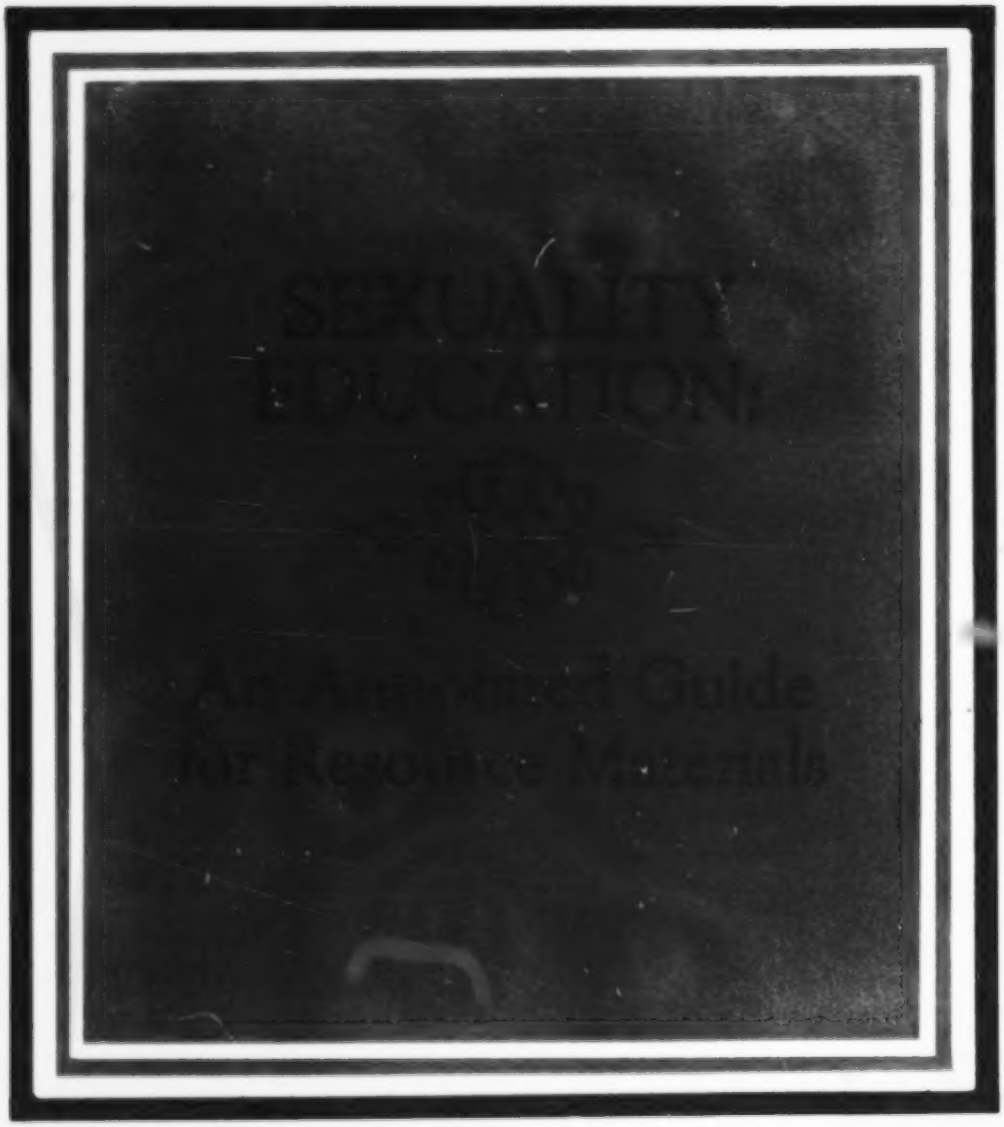

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by Pamela Wilson

Sexuality Education:

An Annotated Guide for Resource Materials

Developed at Mathtech, Inc.
by Pamela Wilson MSW

Network Publications, Santa Cruz, 1984

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INTRODUCTION

This document is a guide to major resources for sexuality education. It is designed for professionals working with children between 3 and 18 years of age. It includes books, films, filmstrips, cassettes, charts, models and games that, for the most part, are widely known or publicized in the field.

Information on each resource includes the author, title, publisher or distributor, date, and approximate grade level. The price is included for audiovisual resources and curricula. These prices should, however, be checked for accuracy because they often change.

Grade level indications are only guides. Each educator should carefully preview and determine the appropriateness of the materials for specific groups of children. For example, some audiovisuals that are listed in the elementary school section are also appropriate for some 7th or 8th grade students. Similarly, some of the materials listed in the junior high school section may be appropriate for mature 5th and 6th graders. The address and phone number for the publisher or distributor of each reference is included in the "List of Publishers" or the "Audiovisual Distributors" sections located in the back of the guide.

With a few exceptions, the listed resources are followed by detailed annotations. The annotations briefly describe the content and usefulness of each item, give special attention to the racial composition of characters, and specify the audience that would be most receptive (e.g., urban, "streetwise" teenagers, or "middle class" adolescents). The guide also mentions any values conveyed, either liberal or conservative, that may conflict with the values of some readers or viewers.

This volume has been published as a part of the Mathtech report on sexuality education. However, it was not funded by the government and is not part of the official final report. That report presents, in several volumes, the results of an evaluation of selected sexuality education programs and provides materials to help others implement and evaluate the more successful approaches. The complete report contains:

Sexuality Education: An Evaluation of Programs and Their Effects...An Executive Summary summarizes the existing research on sexuality education in the United States, and the overall design, methods, and major findings of Mathtech's evaluation. It is a summary of the first volume.

The first volume, Sexuality Education: An Evaluation of Programs and Their Effects, summarizes the structure and content of sexuality education in the United States, reviews the literature on the effects of sexuality education, describes the evaluation methods, provides a description and the evaluation data for each program, and summarizes the effectiveness of different approaches in meeting different goals.

The second volume, Sexuality Education: A Guide to Developing and Implementing Programs, provides suggestions for developing and implementing effective educational and clinic-based approaches to sexuality education. It discusses the reasons for and nature of responsible sexuality education and describes approaches to building a community-based program, selecting teachers and finding training, assessing needs of the target population, and designing and implementing programs for them. It also provides suggestions for evaluating programs.

The third volume, Sexuality Education: A Curriculum for Adolescents, is based upon the curricula of the most comprehensive programs. These programs increased knowledge and helped clarify values. This volume contains the following units: Introduction to Sexuality, Communication Skills, Anatomy and Physiology, Values, Self Esteem, Decisionmaking, Adolescent Relationships, Adolescent Pregnancy and Parenting, Pregnancy Prevention, Sexually Transmitted Diseases, and Review and Evaluation. Each unit has a statement of goals and objectives, an overview of the unit contents, several activities that address the goals and objectives, and wherever needed, lecture notes and handouts.

The fourth volume, Sexuality Education: A Curriculum for Parent/Child Programs, is based upon the parent/child program which increased knowledge and parent/child communication. It includes several suggested course outlines and the following units: Introduction to Course; Anatomy, Physiology, and Maturation; Gender Roles; Sexually Transmitted Diseases; Reproduction; Adolescent Sexuality; Birth Control; Parenting; and Review. Each unit contains several activities and, wherever necessary, lecture notes and handouts.

The fifth volume, Sexuality Education: A Handbook for Evaluating Programs, is based upon the methods we used and our experiences in evaluating these programs. It discusses the need for evaluation of sexuality education programs; selection of program characteristics and outcomes to be measured; experimental designs; survey methods; questionnaire design; and procedures for administering questionnaires, analyzing data, and using existing data.

This sixth volume, Sexuality Education: An Annotated Guide for Resource Materials, reviews books, films, filmstrips, curricula, charts, models, and games for youth in elementary school through high school. It lists the distributor, length, cost, and recommended grade level, and provides a discussion of the material.

BOOKS: ELEMENTARY SCHOOL

Aho, J.J., & Petras, J.W. Learning about Sex: A Guide for Children and Their Parents. New York: Holt, Rinehart, and Winston, 1978, $3.95, Grade Level: 3-7.

Includes topics such as masturbation, sexual intercourse, birth control, and sexual offenders and explains to parents why these have been included in a children's book. Also includes suggestions for further discussion between parent and child. Line drawings of a young person masturbating and a couple making love may be offensive to more conservative parents. Many sexuality educators recommend this book for liberal parents and their children.

Andry, A.C., & Schepp, S. How Babies Are Made. New York: Time-Life Books, 1974, $5.95, Grade Level: 5-6.

Includes discussions and colorful illustrations of reproduction in plants, animals, and humans. Simply written with clear pictures. Can be interesting to children who already understand human reproduction. Factually accurate and up-to-date.

Arnstein, H.S. Billy and Our New Baby. New York: Human Sciences Press, Inc., 1973, $8.95, Grade Level: Pre K-2.

Designed to be read to a preschool or elementary school age child. Billy, the main character, feels jealous of his new baby brother. Billy wants to behave like a baby, but realizes that it's more fun to be a big boy.

Brenner, B. Bodies. New York: E. P. Dutton, 1973, $8.95, Grade Level: Pre K-4.

Uses photographs, some of which are nude, to give a positive perspective on the uniqueness of each human body. Answers such questions as: "What is a body made of?" "How does it differ from other things?" and "How does it work?"

Day, B. and Liley, H.M. The Secret World of the Baby. New York: Random House, Inc., 1968, $5.69, Grade Level: 4-9.

Explains conception in simple language as well as the baby's experiences before, during and after birth. Illustrated with excellent photographs. For the elementary and early junior high reader.

DeSchweinitz, K. Growing Up, How We Become Alive, Are Born and Grow. New York: Macmillan Publishing Co., Inc., 1974, $1.50, Grade Level: Pre K-2.

A primer on human and animal beginnings, growth and development, designed for beginning readers or for parents to read to their children. Some educators and developmental psychologists believe that linking animal and human reproduction confuses young children.

Edens, D. The Changing Me. Nashville, TN: Broadman Press, 1973, $4.50, Grade Level: 4-6.

Part of the "Sexuality in Christian Living" series, recommended for 9-11 year olds. The author gives factual information about reproduction, anatomy, intercourse, puberty, masturbation, and family life. Portrays sex and reproduction as wonderful components of married life. Stresses the importance of love within a variety of families (single parent, extended, etc.). Intended for Christian parents who want their children to have the facts about sexuality within a traditional religious framework.

Fagerstrom, G., & Hansson, G. Our New Baby: A Picture Story about Birth for Parents and Children. New York: Barron's Educational Series, 1982, $7.95, Grade Level: K-4.

Tells the story of a year in the life of a family expecting a new baby. Deals with typical feelings that most families experience: happiness, anger, jealousy, and solidarity. Explains conception and birth. Translated from the Swedish edition. Includes many bright illustrations.

Freeman, L. It's My Body. Everett, WA: Planned Parenthood of Snohomish County, 1982, $2.95, Grade Level: Pre K-6.

Explains to children that they have the right to choose when, how, and by whom they want to be touched. Aimed at prevention of child sexual abuse. A Parent's Resource Book is also available for $5.

Gitchel, S., & Foster, L. Let's Talk about....Sex: A Read-and-Discuss Guide for People 9 to 12 and Their Parents. Fresno, CA: Planned Parenthood of Fresno, 1982, $4.80, Grade Level: 5-7.

Designed to encourage preadolescent children and parents to talk about sexuality together. The first section is written for parents, the second for children to read and then discuss with their parents. Deals with puberty, changing feelings, and romantic and sexual relationships.

Gordon, S., & Gordon, J. Did the Sun Shine Before You Were Born: A Sex Education Primer. New York: Ed-U-Press, 1974, $3.95, Grade Level: Pre K-2.

Intended for parents to read to their preschool or elementary school age children. Focusing upon family living, the authors answer the classic question, "Where do babies come from?" Includes drawings of children of different races. Describes different kinds of families and how families grow through the birth of a baby. Explains fertilization, intercourse, pregnancy and birth. Young children might be confused by the picture of a family tree which is illustrated as a real tree with branches and leaves.

Gordon, S. Girls Are Girls and Boys Are Boys...So What's the Difference? Fayetteville, NY: Ed-U-Press, 1979, $3.95, Grade Level: 1-6.

Encourages boys and girls to become anything that they want to without being limited by traditional sex roles. Describes differences that do exist; discusses male and female bodies, and how they change at puberty. Although this book could be read to young children, it is more appropriate for children aged 7-10 who can understand the subtle humor used to explain nonsexist gender roles. Drawings depict children of many ethnic origins. Some parents may object to the explicit drawings of nude children and adults.

Gruenberg, S.M. (Ed.) The Wonderful Story of How You Were Born. New York: Doubleday and Co. Inc., 1970, $5.95, paper $1.49, Grade Level: K-4.

Describes how life begins and how a baby develops from the union of an egg cell and a sperm cell. Compares a variety of parents (animals and humans) and describes the growth and maturation of humans. Children age 5 and younger might be confused by the sequence of explanations (fertilization is discussed after sections on pregnancy and birth). Many of the descriptions are too detailed and too long for young children to comprehend. Somewhat older children should be able to digest most of the information with parental assistance.

Harty, A., & Harty, R. Made to Grow. Nashville, TN: Broadman Press, 1973, $4.50, Grade Level: K-3.

Part of the "Sexuality in Christian Living" series, for 6-8 year olds. Provides information about reproduction, pregnancy, and family life within a religious framework. Although some facts are only hinted at, the book provides a good introduction to sexuality for children in religious families. Emphasizes the importance and value of all persons, regardless of their skin color and nationality.

Hofstein, S., & Bauer, W.W. The Human Story. Glenview, IL: Scott, Foresman and Company, 1977 (Revised Edition), $7.25, Grade Level: 5-7.

A basic textbook on reproduction, birth, male and female anatomy, heredity, and puberty. Written for intermediate grades.

Johnson, C.B., & Johnson, E.W. Love and Sex and Growing Up. New York: Bantam Books, Inc., 1979, $1.75, Grade Level: 5-7.

A basic introduction to sexuality for prepubertal children. Short, easy to read chapters explain anatomy, conception, birth, heredity, sex roles, marriage, feelings about growing up, sexual intercourse, and families. Includes a chapter on animal reproduction which can be interesting to young children once they understand reproduction. Has been found useful for preteenagers and older students with poor reading ability. Readily available in most bookstores.

Kaufman, J. How We Are Born, How We Grow, How Our Bodies Work...And How We Learn. New York: Western Publishing, Co., Inc., 1975, $5.95, Grade Level: 2-6.

This comprehensive book describes the bodily functions of all the important systems of the body including perspiration, bleeding, crying, yawning, and sneezing. Written and illustrated in a manner to attract young readers. Presents reproduction as just another natural function of the body. While too detailed to read in one sitting, many families use this as a reference book when children ask questions about their bodies. Available at most bookstores.

Knudsen, P.H. The True Story of How Babies Are Made. Chicago: Children's Press, 1973, Grade Level: Pre K-3. Out of print in the United States.

A simple and warm account of how babies are made. Covers intercourse, pregnancy and birth with clear illustrations that appeal to children. Experts in cognitive development highly recommend this book for young children. Translated into many languages.

Lerrigo, M.O., & Cassidy, M. A Doctor Talks to Nine to Twelve Year Olds. Chicago: Budlong Press, 1976, $2.25, Grade Level: 4-6.

Tells the story of a typical family, including biological heritage, the first year of life, the first nine months, the arrival of a new baby, childhood, and puberty. Describes the changes in a person's feelings during these different stages of life.

Levine, M.I., & Seligman, J.H. A Baby Is Born. New York: Golden Press, 1978 (Revised Edition), $3.95, Grade Level: 4-7.

Gives information about animal and human reproduction and explains how multiple births occur, the importance of breast-feeding, and how babies grow and develop. Drawings of families of many races add to the appeal of this book. Intended for young children.

Mayle, P. Where Did I Come From? Secaucus, NJ: Lyle Stuart Inc., 1973, $10, Grade Level: K-6.

Answers the question, "Where did I come from?" in a humorous style that many adults enjoy, but young children may not understand. Illustrated with chubby human characters. Explains intercourse, orgasm, pregnancy, and birth. Uses analogies to explain intercourse and orgasm that young children might find confusing. Imaginative, but probably more appropriate for preteen and adolescent readers than for young children. Conservative parents may not approve of this light-hearted approach to sex education. Translated into many languages.

Nilsson, L. How Was I Born? A Photographic Story of Reproduction and Birth for Children. New York: Delacorte Press, 1975, $7.95, Grade Level: K-6.

Uses extraordinary photography of fetal development and warm family scenes to tell the story of reproduction and birth. Educators consider this an excellent book for parents to read to their children.

Pounds, E., & Fricke, I. Beginning the Human Story: A New Baby in the Family. Glenview, IL: Scott, Foresman and Company, 1977 (Revised Edition), Grade Level: K-3.

Tells the story of one family's anticipation and acceptance of their new baby. Guides children to an awareness of their role and the role of each member of the family.

Rayner, C. The Body Book. New York: Barron's Educational Series, Inc., 1980, $6.95, Grade Level: Pre K-6.

A well-illustrated book that describes all of the body functions, including reproduction, in simple and sometimes entertaining terms that appeal to children. Explains how and why a person burps, hiccups, urinates, sneezes, bleeds, reproduces, etc. Unique in its discussions of different skin colors, feelings, and death. Includes sexuality as one body function, one aspect of development. Some parents may find some of the drawings offensive.

Rushnell, E.E. (ed. D. Duenewald) My Mom's Having a Baby. New York: Grosset and Dunlap, Inc., 1978, $5.95, Grade Level: K-4.

Based on the award-winning film of the same title. Presents a nonexplicit, animated portrayal of conception. Many sex educators highly recommend this book for family reading, especially when a new baby is expected.

Sheffield, M. & Bewley, S. Where Do Babies Come From? New York: Alfred A. Knopf, Inc., 1973, $6.95, Grade Level: K-3.

Offers a clear description of reproduction and birth to the younger child. The illustrations are colorful but do not always clarify the content. Parents can read this book to children who are not yet able to read by themselves, answer any questions that arise, and add comments of their own.

Stein, S.B. Making Babies. New York: Walker and Co., 1974, $7.95, Grade Level: Pre K-3.

Designed for parents and children to read together. Provides a large-print text for children and a text for parents which offers more detailed background information. Tells the story of a Black family expecting a new baby. Illustrated with attractive photographs. It has been recommended for children as young as 2 years old.

Stowell, J., & Dietzel, M. My Very Own Book about Me! Spokane, WA: Lutheran Social Service of Washington, 1983, $3.00, Grade Level: K-6.

Designed to prevent child sexual abuse by building self esteem and self assurance. Distinguishes between "okay touch" and "not okay touch." Encourages children to talk to adults about negative experiences that they have had.

Wachter, O. No More Secrets for Me. Boston, MA: Little, Brown and Co., 1983, $12.95, Grade Level: 3-7.

Presents four stories depicting children in circumstances involving various degrees of abuse. Introduces solutions that enable children to articulate feelings and defend themselves against victimization. Evolved from a movie produced by Oralee Wachter entitled No More Secrets.

Waxman, S. What is a Girl? What is a Boy? Culver City, CA: Peace Press, Inc., 1976, $6.95, Grade Level: 2-6.

Portrays the differences and similarities between the sexes. Contains photographs of nude babies, children, and adults. Written for families who are concerned about sexism.

Waxman, S. Growing Up Feeling Good: A Child's Introduction to Sexuality. Los Angeles, CA: Panjandrum Books, 1979, $4.95, Grade Level: 1-6.

Introduces children to important concepts regarding human sexuality. Presented in simple terms. Considered excellent by many sexuality educators.

BOOKS: JUNIOR HIGH SCHOOL

Blanchard, A. Sexually Speaking -- Who Am I? Nashville, TN: Graded Press, 1973, 96 pp., $1.85, Grade Level: 7-9.

Designed to help young teenagers define their sexual identity within a Christian perspective. Offers information about sexual anatomy and physiology. Views intercourse and birth control as appropriate within marriage. Explores the options, including abortion, which are available to a teenager facing an unplanned pregnancy. Stresses the basic principles of valuing other persons, being concerned for neighbors, and being responsible for choices. Attractively illustrated. (Order from Cokesbury.)

Comfort, A., & Comfort, J. Facts of Love. New York: Crown Pubs., Inc., 1979, 128 pp., $10.00, Grade Level: 6-12.

Contains a vast amount of information on a wide range of topics related to human sexuality. Some information is misleading -- for example, that an intrauterine device (IUD) can stay in only "several months" at a time. Broadly defines the concept of "sexuality"; discusses the relationship of religion, rules, and sex; also discusses pleasing self and partner in a sexual relationship. Encourages self respect, caring relationships, and sexual responsibility. Written from a European perspective where an uncircumcised penis is the norm; does include one picture of a circumcised penis in the discussion of circumcision. Intended for children ages 11 and older, but the authors recognize that the child's reading level is probably the greatest determining factor of whether this book is appropriate. Although writing from a liberal point of view, the authors show concern for parents with more conservative values and encourage them to use this book as a vehicle for discussions in which they can make their points of view clear.

Eagan, A.B. Why Am I So Miserable If These Are the Best Years of My Life? New York: Avon Books, 1979 (Revised Edition), 220 pp., $2.25, Grade Level: 7-11.

Sensitively discusses many of the bothersome and embarrassing issues of female adolescence. Topics include being yourself, relationships with both girls and boys, sexual intercourse, anatomy, menstruation, pregnancy, birth control, sexually transmitted diseases, relationships with parents, and legal rights of teenagers. Emphasizes the concept of boys as friends. Sexuality educators consider this a good resource for adolescent women, especially those from middle-class backgrounds. Available in most public libraries and book stores.

Franco, D., & Shepard, D. Am I Normal? and Dear Diary. New York: Avon Books, 1982, $1.95, Grade Level: 6-9.

Informative and readable books which address the questions and concerns associated with male and female puberty. Based on the films Am I Normal? and Dear Diary from New Day Films.

Gardner-Loulan, J., Lopez, B., & Quackenbush, M. Period. San Francisco, CA: New Glide Publications, Inc., 1980, 89 pp., $5.00, Grade Level: 6-10.

A unique book which addresses the concerns that most young women have about their development, from practical questions about menstruating to such topics as excess hair and weight. Written in a very "down-to-earth," readable style that many teenagers find warm and appealing. Encourages the reader to recognize that individual differences related to menstruation and development are natural and normal. Multiethnic illustrations, including Native Americans.

Gordon, S. Facts about Sex for Today's Youth. Fayetteville, NY: Ed-U-Press, 1979 (New Edition), $5.95, Grade Level: 6-9.

An overview of sexuality for teenagers. Briefly discusses reproduction, love, premarital sex, male and female anatomy, sex differences, and other topics. The drawings and graphics are factual and clear, although birth control methods are not discussed in detail. Expresses belief that it is not a good idea for teenagers to have sex and risk pregnancy, sexually transmitted disease, and emotional harm.

Gordon, S. Facts about STD. Fayetteville, NY: Ed-U-Press, 1982, $5.95, Grade Level: 6-9.

Provides basic knowledge about sexually transmitted disease. Discusses gonorrhea and syphilis in detail; herpes, trichomoniasis, and other diseases briefly; as well as prevention of sexually transmitted diseases. Update of Facts about VD for Today's Youth.

Gordon, S. You Would If You Loved Me. Fayetteville, NY: Ed-U-Press, 1978, $1.75, Grade Level: 7-12.

A humorous collection of classic "lines" that men have used with women to get them to have sex. In his introduction, the author acknowledges the apparent sexism in this approach but stresses that since the double standard still exists, young women need to arm themselves with appropriately assertive responses to these "lines."

Horvath, J. What Girls Want to Know about Boys; What Boys Want to Know about Girls. New York: Elsevier/Nelson Books, 1976, 189 pp., $7.95, Grade Level: 7-9.

In a two-part book, Horvath reports through interviews with sixteen young people what girls and boys between the ages of 12 and 16 think about the opposite sex. Describes all of the behaviors that the eight girls wish boys would discontinue, and vice versa. Although this book might be interesting to young people, it would be misleading to generalize the opinions and experiences of these sixteen teenagers to all adolescents.

Johnson, E.W. Love and Sex in Plain Language. New York: Bantam Books, Inc., 1979, $2.25, Grade Level: 7-12.

Discusses reproduction, heredity, fetal development, birth, sex differences, sexual intercourse, birth control, sexually transmitted disease, dating, and love in language that is easily understood by most teenagers. Many sex educators recommend this book.

Johnson, E.W. Sex: Telling it Straight. New York: Harper and Row, 1979, $10.53, Grade Level: 7-9.

This paperback provides a simple but honest treatment of those topics in human sexuality of greatest concern to adolescents. Written for teenagers with poor reading ability. Presents positive liberal views on sexuality.

Mayle, P. What's Happening to Me? Secaucus, NJ: Lyle Stuart, Inc., 1975, $10.00, Grade Level: 7-10.

Tells the story of puberty with humorous illustrations. Attempts to help the reader gain comfort with the many physical and emotional changes of puberty. Emphasizes individual differences -- ages for puberty, breast size, penis size, etc. Presents information about erections, wet dreams, periods, and masturbation in an open and liberal manner. This book is usually well-received by pre- and early adolescents but conservative parents may find it offensive. Available in most book stores.

Pomeroy, W. Boys and Sex and Girls and Sex. New York: Dell, 1981 (Revised Editions), $1.95, Grade Level: 7-12.

Discusses the physical, psychological, and social factors involved in boys' and girls' sexual development. Addresses the increased sexual pressures and responsibilities that today's teenagers face. Written from a liberal perspective.

Purdy, C., & Kendziorski, S. Understanding Your Sexuality. Glenview, IL: Scott, Foresman and Company, 1980, 112 pp., $4.30, Grade Level: 7-9.

This comprehensive, easy-to-read textbook covers anatomy, physiology, human reproduction, dating, sex roles, lifestyles, parenting, and sexually transmitted diseases. Includes detailed discussions of communication and sexual decision making. Much of the rest of the book is somewhat simplified. Each chapter begins with an exercise or quiz designed to stimulate thinking and discussion. It has been recommended as a textbook for a sex education class in a junior high or in a high school with poor readers. Teacher editions are available.

Riker, A.P., & Riker, C. Finding My Way. Peoria, IL: Chas. A. Bennett Co., Inc., 1979, 269 pp., $2.52, Grade Level: 7-10.

According to the authors, the major theme of this textbook is preventive education, to encourage "young boys and girls to avoid sexual intercourse." Covers a comprehensive list of topics. Most chapters contain objectives, a list of terms, case examples, and discussion questions and activities. Ends with a comprehensive glossary.

Saxon, B., & Kelman, P. Modern Human Sexuality. Boston: Houghton Mifflin Co., 1976, 135 pp., $3.33, Grade Level: 7-9.

Covers growth and development in puberty, sex roles,values and social behavior, sexual behavior and problems, personal relationships, marriage, and parenthood. Includes bibliographies, recommendations for audiovisuals, and exercises to explore values about specific topics. A teacher's manual is available. Often recommended as a textbook.

Simmons, P., & Crawford, K. Growing Up with Sex. Nashville, TN: Broadman Press, 1973, 80 pp., $4.50, Grade Level: 6-9.

From the "Sexuality in Christian Living" series, designed for junior high school children. Offers a considerable amount of information about many topics including abortion, sexual fantasies, homosexuality, rape, incest, and masturbation. Encourages young people to say "no" to sex before marriage but acknowledges that sexual feelings are natural. Although homosexuality is labeled as a "perversion," the authors take time to dispel some of the common myths that teenagers hold about this lifestyle. Written for teenagers from traditionally religious families.

BOOKS: SENIOR HIGH SCHOOL

Bell, R., et al. Changing Bodies, Changing Lives: A Book for Teens on Sex and Relationships. New York: Random House, Inc., 1981, 242 pp., $8.95, Grade Level: 10-12.

This book, developed by the authors of Our Bodies, Ourselves, confronts the sexual concerns of teenagers. Conveys extremely liberal values in its open exploration of techniques of sexual behavior, sexual response, masturbation and homosexuality. While some people might be offended by this approach, some teenagers are eager to have this type of information. They especially like the interview segments in which teenagers discuss their experiences and attitudes toward their bodies, relationships, sexuality, parents, etc. Also includes a chapter on emotional health care. Because it is so controversial, many sexuality educators do not recommend this book for public school classes.

Bingham, M., Edmonson, J., & Stryker, S. Choices: A Teen Woman's Journal for Self-Awareness and Personal Planning. Santa Barbara, CA: Advocacy Press, 1983, $12.95, Grade Level: 9-12.

A beautifully illustrated guide to life planning for young women. Addresses the myths and hard realities that girls will face as they enter adulthood. Contains activities which encourage girls to make quantitative goals and sound decisions especially related to career planning. The book can be used successfully by highly motivated girls on an individual basis or as a workbook with girls in a group setting.

Blanzaco, A. VD: Facts You Should Know. New York: Lothrop, Lee and Shepard Books, 1970, $7.50, Grade Level: 9-12.

Presents information about syphilis and gonorrhea, including a brief history of sexually transmitted disease, steps to be taken by anyone who contracts it, and common questions with answers.

Boston Women's Health Book Collective. Our Bodies, Ourselves. New York: Simon and Schuster, Inc., 1976, 374 pp., $4.95, Grade Level: 10-12.

Written by women, for women, to help them know themselves and their bodies better. Covers sexuality, contraception, health care, sexual physiology, reproduction, and homosexuality. Although this book was written for adult women, bright and sensitive teenage women and men can gain as much from it as adults. Conservative parents may be offended by some of the content. Teachers and librarians should have it reviewed by a parent committee before including it in the school library.

Burgess-Kohn, J. Straight Talk about Love and Sex for Teenagers. Boston: Beacon Press, Inc., 219 pp., 1979, $5.95, Grade Level: 10-12.

An experienced sexuality educator and counselor, with the assistance of college students from the University of Wisconsin, answers hundreds of questions typically asked by teenagers. Topics include falling in love, premarital sex, sexually transmitted disease, preventing pregnancy. The answers seem to be thoughtful and factual. Presents the pros and cons of such issues as living together and interracial relationships. Some people find the question-answer format boring, and find it difficult to understand such topics as birth control because of the absence of diagrams. However, teenagers can read the questions in which they are most interested, and refer to it when later questions arise.

Calderone, M., & The Editors of "Brides Magazine." Questions and Answers about Love and Sex. New York: St. Martin's Press, Inc., 1979, $8.95, Grade Level: 12.

A reference source for prospective brides. Informal and easily understood. Covers such topics as intimate health care, communication, and birth control.

Carlson, D. Loving Sex for Both Sexes: Straight Talk for Teenagers. New York: Franklin Watts, Inc., 1979, $5.95, Grade Level: 10-12.

Beginning with the concept of "loving sex," the author presents a framework upon which young readers can build an understanding of their sexual feelings. Discusses such topics as boy-girl relationships, bodies, prepubertal sex feelings, and masturbation.

Chiappa, J.A., & Forish, J.L. The VD Book: For People Who Care about Themselves and Others. New York: Irvington, 1977, 145 pp., $3.95, Grade Level: 7-12.

This paperback gives complete information on sexually transmitted diseases. Includes several case histories, a description of a visit to a clinic treating sexually transmitted diseases, a brief summary of eighteen infectious or contagious diseases, and a self-teaching mastery test.

Cox, F.D. Human Intimacy: Marriage, the Family and its Meaning. St. Paul, MN: West Publishing Co., 1978, $16.95, Grade Level: 11-12.

Discusses the problems of contemporary middle-class youth as they contemplate marriage. Addresses the meaning of family; changing gender roles and the working woman; love, dating, and mate selection; communication in a relationship; the biological foundation of sexuality; contraception and reproduction; parenthood and family life stages; alternatives to marriage; divorce and remarriage; and growth and fulfillment within marriage. Liberal orientation. Includes attractive nonstereotypic photos of family members.

Gordon, S., & Conant, R. The Teenage Survival Book. New York: New York Times Books, 1975, 150 pp., $6.95, Grade Level: 10-12.

Explores the total lives of teenagers including feelings about self and others, school, parents, and sexuality. The book presents a smorgasbord of maxims, poetry, activities, and information related to teenage survival. Some youths find the style of this book distracting and the humor objectionable. Others enjoy and learn from it. Some government officials, teachers, and parents have expressed great displeasure with the approach and particularly with the content of the four comic books.

Gordon, S., & Wollin, M. Parenting. Fayetteville, NY: Ed-U-Press, 1975, $5.44, Grade Level: 10-12.

Covers mate selection, decisions about parenting, responsible parenthood, reproduction, pregnancy, birth, needs of the newborn, child development, family mental health, and providing sex education to one's own children. Appropriate for an introductory course in parenting. Liberal orientation.

Hamilton, E. Sex with Love: A Guide for Young People. Boston: Beacon Press, Inc., 1978, 179 pp., $5.50, Grade Level: 10-12.

An interesting but controversial approach to sex education with teenagers. Expresses belief that in order to have successful and rewarding intercourse, teenagers need to meet certain minimum requirements: physical maturation, training in birth control, economic independence, a free conscience, and willingness and preparedness to deal with the consequences. Recommends "safe sex" for the majority of adolescents under 17 who cannot meet these requirements. Describes in detail methods of masturbating and petting to orgasm in order to meet sexual needs during this time. The book is unique in its emphasis on the human's basic need for touch. Although the book is loaded with factual information, it contains definite biases that could offend many teenagers and parents.

Hanckel, F., & Cunningham, J. A Way of Love, A Way of Life: A Young Person's Introduction to What it Means to Be Gay. New York: Lothrop, Lee and Shepard Books, 1979, $8.50, 188 pp., Grade Level: 9-12.

Fills a void that existed in sex education literature for teenagers. Offers a tremendous amount of information about the gay lifestyle, including chapters on "How to Tell If You're Gay," "Asking for Help," "Family Relationships and Friendships," and other topic areas. Written for all young people, but especially for those who might be confused about their sexual orientation. The authors provide support for young people in this situation without persuading them to be one way or the other.

Hettlinger, R.F. Your Sexual Freedom: Letters to Students. New York: Continuum Publishing Company, 1982, $7.95, Grade Level: 10-12.

Discusses common concerns that young people have about sexuality. Deals with sexuality as one aspect of the total, maturing person. Emphasizes attitudes and feelings rather than the "mechanics" of reproduction and intercourse.

Howard, M. Only Human: Teenage Pregnancy and Parenthood. New York: Avon, 1979, 240 pp., $1.50, Grade Level: 7-12.

Traces the lives of three teenage women and their partners from the time of conception through the first year of parenthood. Reads like a novel. A variety of backgrounds and circumstances are represented as are important facts related to child development, public assistance guidelines, and bathing and feeding the newborn.

Jensen, G.D. Youth and Sex: Pleasure and Responsibility. Chicago: Nelson-Hall, Inc., 1973, 173 pp., $5.95, Grade Level: 10-12.

Unique approach to sex education for teenagers. Begins with a chapter called "Know the Language," a glossary with a guide to pronunciation, slang words, and definitions. Asserts the normality of individual body differences and the naturalness of body secretions and smells when the body is clean. Gives information about important sexual issues, but disregards relationships and feelings. Includes black and white photographs (not drawings) of a naked teenage couple holding hands; the female genitalia with the labia spread; and the male genitalia. These photographs and sections of the book might be offensive to some parents and adolescents.

Johnson, E.W. VD: Venereal Disease and What You Should Do about It. Philadelphia: J. B. Lippincott Company, 1978 (Revised Edition), $8.95, Grade Level: 7-12.

Gives facts about sexually transmitted disease in a simple, easy-to-read manner. Although it is often unpleasant to read about disease and illness, this book makes the task easier than most. For example, it does not include an abundance of gruesome pictures of chancres and other symptoms. Discusses in detail syphilis and gonorrhea, with an emphasis on prevention, symptoms, long-term effects, and treatment. Briefly covers Trichomoniasis, NGU, Herpes, and other sexually transmitted diseases. Disregards the emotional factors that inhibit communication about sexually transmitted disease.

Kaplan, H.S. Making Sense of Sex. New York: Simon and Schuster, Inc., 1979, 154 pp., $10.95, Grade Level: 12.

Focuses on the biology and psychology of sex with emphasis on sexual response and dysfunction. The content and language is so complex and sophisticated that it requires above average reading and comprehension skills. Some of the content (an explicit description of a young man and woman "making love") and technical explanations of sex and evolution, genetics, and embryonic development make this book controversial and perhaps inappropriate for most teenagers. It could be used in an advanced science or biology high school course or as a college sexuality text.

Kelly, G.F. Learning about Sex: The Contemporary Guide for Young Adults. New York: Barron's Educational Series, Inc., 1977, $4.50, Grade Level: 12.

Discusses many important issues related to human sexuality including communicating about sex, marriage, and growing as a sexual person. Although the author indicates that his target audience is teenagers, the content seems extremely complex (the penis is described as "three cylindrical areas of spongy tissue") and often too abstract for the average teenager to read and comprehend easily. Intended for young adults but may be used with high school students with high reading levels. Includes exercises that can be carried out by the reader alone or in small groups in or out of the classroom. Many of these exercises, especially those related to communication and relationships, have been successfully carried out in education programs with adolescents. Fairly explicit. Should be reviewed carefully before use in public school programs.

Lieberman, E.J., & Peck, E. Sex and Birth Control: A Guide for the Young. New York: Harper and Row, 1981 (Revised Edition), 320 pp., $11.95, Grade Level: 9-12.

Encourages sensible and responsible use of birth control by focusing upon many sexual dilemmas and needs of the young. Asks readers to explore, discover, and clarify for themselves values and principles by which to live their sexual lives. Also appropriate for parents.

Lindsay, J.W. Pregnant Too Soon: Adoption Is an Option. Culver City, CA: Health Education Services, 1980, $6.95, Grade Level: 10-12.

Presents true accounts of teenagers who became pregnant and later gave up their children for adoption. Promotes adoption as a positive option for an unplanned pregnancy. Gives information about adoption agencies, dealing with grief, and other aspects of adoption. A workbook containing self assessment worksheets is also available for $1.95.

Lindsay, J.W. Teens Parenting: The Challenge of Babies and Toddlers. Culver City, CA: Health Education Services, 1980, $9.95, Grade Level: 9-12.

Deals with the special needs and circumstances that teenage mothers face. Includes comments from interviews with teenage mothers and extended case studies. Gives a lot of parenting information in an interesting manner.

McCoy, K. The Teenage Body Book Guide to Dating. New York: Simon & Schuster, Inc., 1983, 103 pp., $7.95, Grade Level: 9-12.

Straightforward, honest answers to the troubling questions adolescents have about dating. Contains letters from teenagers.

McCoy, K., & Wibbelsman, C. The Teenage Body Book. New York: Pocket Books, Inc., 1979, 246 pp., $7.95, Grade Level: 9-12.

A comprehensive and practical guide to understanding the physical and emotional changes of adolescence. Covers anatomy, puberty, sex, parenting, birth control, and sexually transmitted disease; teenagers' concerns about being attractive (cosmetics, ear piercing, excess hair); and their changing feelings (low self-esteem, jealousy, anger, need for privacy, relationship with parents). Every chapter contains many heart-warming, sometimes humorous, sometimes tragic letters from teenagers voicing concerns about a variety of topics. The appendix offers a state-by-state guide to low or no-cost youth services and birth control facilities. While useful, such information is difficult to keep up-to-date. Considered a resource for adolescents who like to read.

McKee, L., Kempton, W., & Stiggall, L. An Easy Guide to Loving Carefully for Men and Women. Walnut Creek, CA: Planned Parenthood of Contra Costa County, 1980, 61 pp., $4.95, Grade Level: 8-12.

This brief but comprehensive book provides teenagers with a wealth of information about anatomy, pregnancy, birth control, sexually transmitted disease, breast and pelvic exams, and sterilization. Sex educators highly recommend this book, especially for slow learners or poor readers.

Mintz, T., & Mintz, L.M.. Threshold: A Doctor Gives Straightforward Answers to Teenagers' Most Often Asked Questions about Sex. New York: Walker & Co., 1978, $7.95, Grade Level: 10-12.

Provides information about young people's sexual concerns: puberty, masturbation, pregnancy and birth, contraception, sexually transmitted diseases, and feelings about one's family, the opposite sex, and oneself. Uses a question-answer format.

Nilsson, L., Ingelman-Sundberg, A., & Wirsen, C. A Child Is Born: The Drama of Life before Birth. New York: Delacorte, 1977, $9.95, Grade Level: 8-12.

Uses incredible photography to capture the world of the developing fetus and the miracle of delivery and birth.

Todd, K.R., & Abbey-Harris, N. The Birds, the Bees, and the Real Story. Santa Cruz, CA: Network Publications, 1980, $8.95, 117 pp., Grade Level: 10-12.

This is a self-help handbook for teenagers who want to explore their values and gain a better understanding of their sexuality. Chapters included are Self-esteem, Relationships, Reproduction, Anatomy and Physiology, Birth Control, Unplanned Pregnancy, Venereal Disease, and Common Questions and Answers. Each chapter contains fact sheets, exercises, quizzes, and games. Although exceptional and sensitive teens may use this handbook independently, most young people might need motivation from parents or teachers via homework assignments. A companion parent handbook is also available.

Winchester, A.M. Human Genetics. Columbus, OH: Charles E. Merrill Publishing Co., 1979 (3rd Edition), $6.95, Grade Level: 9-12.

This resource book for teachers and teenagers presents a simple explanation of genetics: the physical basis of heredity; cycle of cell growth and the formation of reproductive cells; genetic counseling; multiple births, variations in gene expression; determination of sex; heredity; influences of sex and environment; immunogenetics; mutations; and population genetics. Includes a glossary and helpful photographs and diagrams.

Winship, E., Carparulo, F., & Harlin, V.K. Masculinity and Femininity. Boston: Houghton Mifflin Co., 1978 (Revised Edition), 138 pp., $4.23, Grade Level: 10-12.

This thorough textbook encourages students to recognize their sexuality as a key to a healthy self-image. Covers a wide variety of topics -- male/female roles, masturbation, dating, puberty, sexual dysfunction and family life -- and provides helpful discussion questions and class exercises. The teacher's manual includes useful advice for conducting classroom sessions. Designed for senior high school courses. While the authors support premarital abstinence, the general orientation of the book is liberal.

Witt, R.L., & Michael, J.M. Mom, I'm Pregnant. Briarcliff Manor, NY: Stein and Day, 1982, $6.95, Grade Level: 10-12.

Focuses on the emotional and practical considerations of teenage pregnancy. Designed as a personal guide for teenagers who think they are pregnant and their parents. Outlines the advantages and disadvantages of all options.

FILMS: ELEMENTARY SCHOOL

Am I Normal? Producer/Distributor: New Day Films, 1979, 22 min., Color, $375, Grade Level: 5-8.

In this humorous film, 13 year old Jimmy tries to discover the "real story" behind the changes that his body is going through. Despite the pressures to "be cool" and "know all the answers," he finally finds some friendly adults who answer his questions about erections, wet dreams, masturbation and other common concerns of boys. Most sexuality educators consider this film to be of excellent quality. (Ethnically mixed characters.)

Better Safe Than Sorry. Producer/Distributor: Film Fair Communications, 1978, 15 min., Color, $280, Grade Level: 2-7.

Tells children aged 9 to 14 how they can assume more responsibility for their own safety. Narrated by an articulate boy and girl who encourage children to use good judgment in a variety of situations. These situations include being offered gifts by a stranger, getting a strange phone call at home when parents are out, and several others. Also deals with child sexual abuse. (Racially mixed characters).

Better Safe Than Sorry II. Producer/Distributor: Film Fair Communications, 1983, 14 min., Color, $290, Available Captioned, Grade Level: K-3.

Television personality, Stephanie Edwards, talks to a group of young children about the prevention of child sexual abuse. She communicates to the children in a very simple and straightforward manner. Numerous situations are dramatized and the children are asked to decide how to react to each based on what they have just been taught. (Racially mixed characters.)

Boy to Man. Producer/Distributor: Churchill Films, 1976 (Revised), 14 min., Color, $255, Grade Level: 5-7.

Describes the changes in boys during puberty: the growth spurt, skin changes (acne), masculine physique, endocrine glands, and secondary sex characteristics. Explains the female reproductive system. Also discusses personal health, hygiene, and emotional aspects of adolescence. One of the most widely used sex education films in the country. (Racially mixed characters.)

Boys Beware. Producer/Distributor: Aims Instructional Media Services, 1980 (Third Edition), 12 min., Color, $290, Grade Level: 4-7.

Makes boys aware of the possibility of sexual abuse. Presents realistic situations that boys might encounter and offers preventive strategies.

Dear Diary. Producer/Distributor: New Day Films, 1981, 24 min., Color, $375, Grade Level: 5-8.

This humorous film focuses on the issues that concern many young adolescent girls. Three friends explore their feelings about boys, female roles, breast development, menstruation, and growing up. While the film successfully gives information through humor, some find a few of the scenes corny. The mother in the film is portrayed as a totally inadequate resource for her daughter. (Racially mixed cast.)

Fable of He and She. Producer/Distributor: Learning Corporation of America, 1974, 11 min., Color, $225, Grade Level: 5-8.

Sex role stereotyping is the central topic of this animated film. Clever clay figures develop the point that traditional male and female roles can be shared. The soundtrack of the film is quite noisy and therefore sometimes hard to understand. (Animated.)

Families. Producer: Wexler Film Productions. Distributor: Perennial Education, Inc., 1970, 10 min., Color, $225, Grade Level: K-6.

An animated film depicting the interdependence of all human beings and the importance and functions of the family. Describes different kinds of families in a very simple manner. (Animated.)

Fertilization and Birth. Producer: Wexler Film Productions. Distributor: Perennial Education, Inc., 1967, 10 min., Color, $225, Grade Level: K-4.

Provides realistic and frank detail of fertilization and birth. Shows live animal births. Uses animation to depict human birth. This film is a companion to Human and Animal Beginnings.

Free to Be ... You and Me. Producer: Marlo Thomas and Carole Hart for Ms. Foundation. Distributor: McGraw-Hill Films, 1974, 42 min., Color, $695, Grade Level: K-12.

Produced for television, this film encourages young people to develop their personalities free of sex role stereotypes and to aim for self-actualization. The following people appear in the film: Alan Alda, Harry Belafonte, Mel Brooks, Rita Coolidge, Roberta Flack, Roosevelt Grier, Michael Jackson, Kris Kristofferson, Bobby Morse, The New Seekers, Tommy Smothers, Marlo Thomas, and Cicely Tyson. (Racially mixed characters.)

Girl Stuff. Producer/Distributor: Churchill Films, 1982, 21 min., $395, Grade Level: 5-9.

Presents information about female puberty and feminine health and hygiene. Includes a lot of good information that is often left out of films on puberty. (Racially mixed characters.)

Girl to Woman. Producer/Distributor: Churchill Films, 1976 (Revised), 17 min., Color, $295, Grade Level: 5-7.

Presents the changes of puberty in girls: the growth spurt, skin changes (acne), endocrine glands, and secondary sex characteristics. Explains the male reproductive system, personal health, hygiene, and emotional aspects of adolescence. Emphasizes the normality of individual differences. One of the most widely used sex education films in the country. (Racially mixed characters.)

Girls Beware. Producer/Distributor: Aims Instructional Media Services, 1980, 10 min., Color, $265, Grade Level: 4-7.

Makes girls aware of the possibility of sexual attack by strangers and by more familiar people. Emphasizes the importance of safety. Well done.

Growing Up Female. Producer/Distributor: Film Fair Communications, 1980, 12 min., Color, $240, Grade Level: 5-8.

Three preadolescent girls at different stages of physical and emotional growth learn about puberty from an older sister. Uses narration and animated illustration to give factual information about anatomy, menstruation, and reproduction. (Racially mixed characters.)

Half a Million Teenagers ... Plus. Producer/Distributor: Churchill Films, 1974, 17 min., Color, $300, Grade Level: 6-12.

Gives a complete explanation of syphilis and gonorrhea, including diagnosis, treatment, and the feelings that often accompany the need to seek medical treatment. Includes interviews with teenagers and medical personnel and ends with discussion questions. Although the film is intended for junior and senior high audiences, it can be used with grades 5 and 6 if there is adequate preparation. (Racially mixed characters.)

Happy Little Hamsters. Producer: Portafilms. Distributor: Perennial Education, Inc., 1980 (Revised), 13 1/2 min., Color, $245, Grade Level: K-6.

This is the third film edition of the story of two hamsters, Naomi and Abdullah, and their litter of eight babies. Describes the complete life cycle of hamsters. Informative and humorous narration. Intended to be nonsexist. (Racially mixed characters.)

Happy to Be Me. Producer/Distributor: Arthur Mokin Productions, 1979, 25 min., Color, $425, Grade Level: 5-12.

Based on a survey of more than 600 New York City public school children, this film provides an objective view of young people's attitudes toward male and female gender roles. Students of different ages and different races voice a variety of attitudes ranging from traditional to nonsexist. The range of attitudes that are expressed and the spontaneity of the interviews stimulates discussion among older children and adolescents. (Ethnically mixed characters.)

Human and Animal Beginnings II. Producer/Distributor: Perennial Education, Inc., 1979, 15 min., Color, $260, Grade Level: K-4.

Updated edition of a popular film presenting basic information about human reproduction and family life. Includes natural science film clips of baby monkeys, mice, guinea pigs, and rabbits. The film uses time-lapse photography to show chicken and fish eggs hatching. These pictures clearly show the live embryos. On the human side, it shows babies in the hospital nursery and at home. Animated and still photography sequences show prenatal growth, development, and birth.

Human Growth III. Producer: Wexler Film Productions. Distributor: Perennial Education, Inc., 1976, 20 min., Color, $375, Grade Level: 5-8.

Describes changes in the human body from birth to physical maturity, adolescent feelings, and reproduction. Contains unusually good drawings of reproductive organs in the body and interesting questions asked by young teenagers. Near the end of the film there is a brief live birth scene. Several segments in which young married couples are interviewed may be tedious for the younger viewer. (Racially mixed characters.)

Human Heredity III. Producer: Wexler Film Productions. Distributor: Perennial Education, Inc., 1981 (Revised), 21 min., Color, $425, Grade Level: 6-9.

Explains how human characteristics are passed from generation to generation. Explains and illustrates the function of chromosomes, genes, and DNA in heredity. (Racially mixed characters.)

In Between. Producer: Viscount Productions. Distributor: Planned Parenthood Center of Memphis, 1981, 10 min., Color, $230, Grade Level: 5-7.

Dramatizes the changing feelings and concerns of pre- and early adolescents. In 3 segments, the key characters interact with family and friends in situations where they are required to make important decisions. The story takes place on a summer day in a small suburban ethnically-mixed community. May work best with middle class 5th and 6th graders. (Ethnically mixed characters.)

Inheriting Your Physical Traits. Producer/Distributor: Coronet, 1970, 12 min., Color, $210, Grade Level: 5-9.

This film traces the inheritance of traits such as sex, eye color, height, and weight showing the role of chromosomes and genes in determining their development.

Irene Moves In. Producer/Distributor: Learning Corporation of America, 1981, 25 min., Color, $375, Grade Level: 3-6.

Explores the feuds and friendships of childhood. The relationship between two 8 year old girls is threatened when Irene moves into the neighborhood. Takes place during Halloween. (Ethnically mixed characters.)

Marriage. Producer/Distributor: Perennial Education, Inc., 1971, 17 min., Color, $276, Grade Level: 3-6.

Designed to introduce the subject of family life to young children. Forms the groundwork for later contemplation of relationships and sexuality. (Animated.)

My Mom Is Having a Baby. Producer/Distributor: Time-Life, Inc., 1976, 47 min., Color, Grade Level: 3-7.

Presents the facts about pregnancy and birth in a simple manner appropriate for elementary school aged children. Petey Evans' mother is pregnant and he is confused, anxious, and a bit jealous about the impending arrival. Includes footage of an actual birth.

Nicholas and the Baby. Producer/Distributor: Centre Productions, 1981, 23 min., Color, $350, Grade Level: 3-12.

Addresses sibling participation in a prepared childbirth. Nicholas' parents include him in many aspects of their preparation for a new baby. When Nicholas accompanies his mother to the doctor's office, he learns how the baby is developing. When his mother begins labor, Nicholas is picked up from school and taken to the hospital. Although he is not present during the actual delivery, he does get to visit his mother during labor and meets "his baby" shortly after birth. The child's perspective is portrayed with warmth and humor. (White characters.)

No More Secrets. Producer: Oralee Wachter. Distributor: ODN Productions, 1982, 13 min., $300, Grade Level: 3-7.

Designed to make grade school children of both sexes aware of the possibility of sexual abuse. The children in the film offer simple but effective methods of dealing with potential and actual abuse. Helps children who are in this situation understand that it is not their fault. While the children in the film are all very mature and articulate for their age, the important messages are relevant for most elementary school aged children. (White characters.)

Sally at 13. Producer/Distributor: Perennial Education Inc., 1980, 18 min., Color, $295, Grade Level: 5-8.

Sally is a 13 year old struggling with the traumas of growing up. Although the film was obviously designed with good intentions, it has several flaws. First, it seems old fashioned, more accurately portraying teenagers 10-20 years ago. Second, the main character is so pitiful that it may be difficult for average kids to identify with her. Third, the film conveys little if any information regarding the physical and emotional changes of puberty. (White characters.)

Then One Year. Producer/Distributor: Churchill Films, 1972, 18 min., Color, $335, Grade Level: 5-7.

Describes physical and emotional aspects of puberty. Covers both the male and female reproductive systems and emphasizes the wide variation in normal growth and maturation rates. It is widely used in coeducational classes instead of Boy To Man and Girl To Woman. (Racially mixed characters.)

The Story of Our New Baby. Producer/Distributor: Coronet, 1971, 11 min., Color, $190, Grade Level: 3-6.

A pregnant woman explains to her daughter how a baby develops inside the mother. Describes the family's preparation and adjustments concerning the birth of the baby. (White characters.)

V. D. Attack Plan. Producer/Distributor: Walt Disney Productions, 1973, 10 min., Color, Grade Level: 5-8.

Syphilis and gonorrhea germs wage war against an unsuspecting public. Stresses the harmful effects of ignorance and fear of sexually transmitted disease. Contains photographs of symptoms (chancres and body rashes) for which preadolescent audiences may require some preparation. (Animated.)

Who Do You Tell? Producer/Distributor: Motorola Teleprograms, Inc., 1978, 11 min., Color, $250, Grade Level: 2-6.

Utilizes animation and live action to address the question of whom to tell in several problem situations: when you're lost, if your house catches fire, if someone touches you in a way that you don't understand. (Racially mixed characters.)

FILMS: JUNIOR AND SENIOR HIGH SCHOOL

Acquaintance Rape Prevention Materials. Producer: Oralee Wachter. Distributor: ODN Productions, 1978, Color, $490, Grade Level: 8-12.

A collection of four films with accompanying teachers' guides, student materials, and discussion posters.

The Party Game: (9 min.) Kathy, a White teenage girl who has just broken up with her boyfriend, meets Mark at a party. What she fails to communicate after Mark's advances leads to sexual assault. (White characters.)

The Date: (7 min.) A Black couple, Raymond, 20, and Charlotte, 16, have just come in from a date to celebrate her 16th birthday. Their different expectations of how a "perfect evening" should end, demonstrate how sex role stereotyping can lead to rape. (Black characters.)

Just One of the Boys: (8 min.) After a big game, Mike, who is sexually naive, is pressured into joining his teammates on a date with Josie, a girl with a "bad reputation." Mike is placed in a tough situation when his friends insist that he join their sexual attack upon Josie. (White characters.)

End of the Road: (10 min.) Jenny's car breaks down on a deserted road and Dan, a familiar face from summer school, stops to help her. Jenny's assertiveness prevents an attack. (White characters.)

Adrianne's Man. Producer: Viscount Productions. Distributor: Planned Parenthood Center of Memphis, 1979, 4 min., Color, $75 each or $285 for 5 films, $15 rental, Grade Level: 7-12.

This trigger film portrays a 15 year old Black teenager, Adrianne, involved with an "older man." Her older brother is convinced that Adrianne is headed for trouble if she continues the relationship. This film can be very useful for stimulating a discussion of the advantages and disadvantages of teenagers dating persons considerably older than themselves and of family reactions to this behavior. (Black characters.)

All the Guys Ever Want Is Sex. Producer: Hobel-Leiterman. Distributor: Document Associates, Inc., 1975, 26 min., Color, $400, Grade Level: 9-12.

Presents interviews with individual teenagers and groups of teenagers from various backgrounds. They discuss their previous sexual experiences and sexuality in general. The teenagers focus on such topics as virginity, birth control, physical appearance, emotional involvement, self-concept, acceptance, rape, incest, and masturbation.

All Women Have Periods. Producer: Life Crisis Services, Inc., and Norman Film Productions. Distributor: Perennial Education, Inc., 1978, 11 min., Color, $183, Grade Level: Special Education.

A real family, mother, father, older sister, and Jill, who is retarded, discuss menstruation. All family members participate in repeating the basic information many times. Jill's older sister takes her into the bathroom and explicitly shows her how to change a sanitary napkin, step by step, and then allows her to practice changing a napkin herself. The characters portraying family members appear nervous and overrehearsed. Intended for developmentally disabled students and their parents. (White characters.)

Amelia Jaffe. Producer/Distributor: Planned Parenthood of East Central Georgia, 1976, 3 min., Black and White, $50, Grade Level: 7-12.

This docudrama is a reenactment of a young girl's experience after having been raped. Erroneous information from the girl's family and the police lead to the rapist being acquitted. Designed to stimulate discussion.

Am I Normal? Producer/Distributor: New Day Films, 1979, 22 min., Color, $375, Grade Level: 5-9.

In this humorous film, 13 year old Jimmy tries to discover the "real story" behind the changes that his body is going through. Despite the pressures to "be cool" and "know all the answers," he finally finds some friendly adults who answer his questions about erections, wet dreams, masturbation, and other common concerns of boys. One of the best films on male puberty. (Ethnically mixed characters.)

And Contact Is Made. Producer/Distributor: John P. Armour, 1982, 13 min., Color, $235, Grade Level: 7-12.

A film about self image, communication, and relationships. Offers new insights about people who are physically handicapped and often viewed as "different." Helps the viewer realize that any of us can become handicapped at some point in our lives.

Are We Still Going to the Movies? Producer: Tom Lazarus. Distributor: McGraw-Hill Films, 1974, 14 min., Color, $205, Grade Level: 9-12.

The theme of this trigger film is adolescent sexual conflict. Portrays a teenage couple, Jack and Dana, who are on a picnic. Dana wants to eat and talk, but Jack's motivation is purely sexual. Jack becomes sexually aggressive and becomes angry when Dana rebuffs him. Intended to stimulate discussion and thought. (White characters.)

Are You Ready for Sex? Producer: Mayer and Espar. Distributor: Perennial Education, Inc., 1976, 24 min., Color, $332, Grade Level: 9-12.

Intended to help adolescents clarify their values and make responsible decisions. The cast consists of a group of high school students discussing various points of view as well as a series of brief dramatizations where several couples are dealing with the decision of whether or not to have sex. Most of the teens are extremely articulate, appear to come from "middle-class" homes and have incorporated traditional values. For these reasons some poorly educated or "street wise" youths may not relate well to this film. (White characters.)

A Baby Is Born. Producer/Distributor: Perennial Education, Inc., 1973, 23 min., Color, $360, Grade Level: 9-12.

Designed to inform future parents about normal childbirth. Follows the final stages of the birth of a young couple's first child. Discusses problems common to first births, such as late deliveries and long labor periods. An optional epilogue shows a postnatal visit in which the obstetrician discusses contraception. (White characters.)

Behind the Scenes: Accepting Feelings. Producer/Distributor: Agency For Instructional Television, 1980, 15 min., Color, $25 rental, Grade Level: 7-12.

A teenage boy in a drama class becomes attracted to his teacher. He struggles with his feelings and the question, "Should I tell her?" From the excellent "On the Level" series. (White characters.)

Bernita's Film. Producer/Distributor: Centre Films, 1975, 28 min., Color, $275, Grade Level: 9-12.

In this film, Bernita, a young, Black, unmarried, expectant mother from the innercity attends Lamaze classes. As she progresses through labor, delivery, and the postpartum period, the effects of poverty on a new mother are emphasized.

The Birth Control Movie. Producer: ETR Associates. Distributor: Perennial Education, Inc., 1982, 24 min., Color, $425, Grade Level: 7-12.

Using a very innovative format, this film explores issues surrounding teenage sexuality and gives information on birth control. A group of teenagers in a drama class produce a film about birth control. Thus, the audience sees two different story lines: the interaction between the teens who are making the film and the birth control film that they produce. (Racially mixed characters.)

Board and Care. Producer/Distributor: Pyramid Films, 1980, 27 min., Color, $450, Grade Level: 7-12.

Two adolescents with Down's Syndrome meet in an activities center and fall in love. They are later separated because of different educational settings. Emphasizes that developmentally disabled adolescents have the same emotional needs and feelings as other teenagers. Very moving. (White characters.)

Boys Don't Do That. Producer: Viscount Productions. Distributor: Planned Parenthood Center of Memphis, 1979, 7 min., Color, $65 or $265 for 5 films, Grade Level: 7-12.

While looking through a family picture album, a supposedly enlightened teenage boy and girl continue to reveal many examples of sex role stereotyping. Has been successful for stimulating discussion of this issue. (White characters.)

A Chance of Love. Producer/Distributor: Cine-Image Films, 1972, 23 min., Color, $300, Grade Level: 9-12.

This sequel to Too Soon Blues follows the same young Black couple in the process of redefining their relationship after a pregnancy scare. Unlike Too Soon Blues, the drama is less intense and the long conversations between Debbie and Jay begin to drag. However, the film is useful for stimulating discussion regarding the problems and responsibilities associated with using birth control. (Racially mixed characters.)

Chillysmith Farm. Producer/Distributor: Filmmakers Library, 1981, 55 min., Color, $650, Grade level: 7-12.

An award-winning film that captures a family's experience with a grandfather's death at home. Explores family values and communication. Although the film is extremely long, it is highly recommended by many sexuality educators. (White characters.)

The Choice Is Yours. Producer/Distributor: National Audiovisual Center, 1978, 25 min., Color, $174, Grade Level: 7-12.

In a television quiz show format, four teen contestants answer questions about contraception. Gives a great deal of information concerning methods of birth control. Includes "commercials" about family planning and clinic services. (Racially mixed cast.)

Choice Times. Producer/Distributor: Kuona, Ltd., 1979, 10 min., Color, $125, Grade Level: 7-12.

Intended to "trigger discussion on the sexual issues facing teenage males." Seems disorganized and unfocused. Male characters fulfill many stereotypes. In one scene, a physical education teacher gives questionable advice to a student seeking help. (Racially mixed characters.)

Cindy and Jack. Producer/Distributor: Planned Parenthood of East Central Georgia, 1976, 3 min., Color, $50, Grade Level: 7-12.

A young man tells his girlfriend that he has gonorrhea. The old dilemma of "who gave it to whom" is the theme of this trigger film. Although the acting is a bit stilted, the film has been successful in stimulating discussion. (Black characters.)

Condom Sense. Producer/Distributor: Perennial Education, Inc., 1981, 25 min., Color, $450, Grade Level: 7-12.

Designed especially for male audiences. Promotes condoms as a practical, inexpensive method of contraception. Although effective in parts, the film tries to accomplish too much and is quite long. (Racially mixed characters.)

Daughters of Time. Producer/Distributor: New Day Films, 1981, 29 min., Color, $457, Grade Level: 10-12.

Promotes the use of midwives as an alternative to obstetricians in childbirth. Documents the professional lives of three midwives in different parts of the United States. These midwives encourage different types of expectant mothers to participate more actively in their own health care and to have the kind of childbirth experience that they truly desire. Depicts home births and deliveries in birthing centers. Although long, the film is quite fascinating. (Ethnically mixed characters.)

The Date. Producer/Distributor: Focus International, 1977, 20 min., Color, $330, Grade Level: 7-12.

Explores common fears and anxieties related to adolescent dating relationships. After elaborate preparation for a romantic evening, Laurie and Rob get into an argument about sex. After the argument, they both reveal some of their inner feelings and realize that they are on the verge of a new, more meaningful dating relationship.

Deciso 3003. Producer/Distributor: Churchill Films, 1982, 8 min., Color, $160, Grade Level: 7-9.

A fantasy in which a young girl on a space age date manages to say "no" to the joint lures of sex and drugs.

Do I Really Want a Child? Producer/Distributor: Learning Corporation of America, 1975, 28 min., Color, $400, Grade Level: 10-12.

Edited from a feature-length film produced for television, this is the open-ended story of a 40 year old, happily married woman with a fulfilling career who becomes pregnant for the first time. The choice to have or not to have the child becomes the focus of this thought-provoking film, starring Cloris Leachman. (White characters.)

Eugenie. Producer/Distributor: Phoenix Films, Inc., 1977, 16 min., Color, $275, Grade Level: 10-12.

Portrays relationships within a single parent household. Eugenie's mother, concerned about her own attractiveness and her new boyfriend, gives her daughter a conflicting view of femininity. Eugenie vacillates between wanting to be grown up and "sexy" like her mother and wanting to be a little girl. The film facilitates discussions of adolescent ambivalence and confusion, mother-daughter relationships, and female roles. This film should be previewed to determine its appropriateness for different audiences. (White characters.)

Everyday Miracle: Childbirth. Producer/Distributor: Films Incorporated, 1980, 27 min., Color, $500, Grade Level: 7-12.

A film about prenatal development and childbirth. Shows actual photography of fertilization and fetal development in the uterus. Follows a woman through her pregnancy and delivery. Amazing photography. (White characters with British accents.)

Face to Face: Dealing with Conflict. Producer/Distributor: Agency for Instructional Television, 1980, 15 min., Color, $25 rental, Grade Level: 8-12.

This film, from the "On the Level" series, explores conflict within peer relationships. The editor of the school newspaper leaves her friend with an enormous amount of work while she visits a college campus for the weekend. When the editor returns, she takes credit for the work that has been done. Needless to say, her friend feels angry and used. The film ends as the conflict erupts. The situation and the characters are realistic. A wide variety of adolescent audiences would relate well to this film. (Racially mixed characters.)

A Family Talks about Sex. Producer/Distributor: Perennial Education, Inc., 1978, 28 min., Color, $450, Grade Level: 10-12.

Depicts open parent-child dialogue about sex-related topics in middle-class families. Presents brief dramatizations on issues such as masturbation, human reproduction, contraception, and adolescent sexuality. It is particularly popular with parents. Because the film clearly endorses certain values, group facilitators often encourage parents to use the film to generate ideas of how they can impart their own family values. (Racially mixed characters.)

A Far Cry from Yesterday. Producer: Planned Parenthood of Tucson. Distributor: Perennial Education, Inc., 1973, 20 min., Color, $332, Grade Level: 9-12.

This dated film tells the story of two teenagers who accept an unplanned pregnancy because "they have such a beautiful thing going," without seriously considering the consequences. The film traces those consequences, the near tragic results of their decision, the deterioration of their loving relationship, and the destruction of their lifestyles as the newborn baby demands constant care, responsibility, and planning. Some people find this film offensive because it includes a great deal of profanity. (White characters.)

Fathers. Producer/Distributor: Churchill Films, 1981, 23 min., Color, $420, Grade Level: 9-12.

Portrays three different fathering styles and perceptions of the father's role in parenting. A Black man discusses his lifestyle as a single parent. The other two fathers, one Hispanic and one White, demonstrate two different approaches to fathering in two-parent homes. Shows the fathers in typical interactions with their children and wives. Some viewers have found the film unnecessarily long and somewhat boring. (Ethnically mixed characters.)

Feeling Good about Yourself. Producer/Distributor: Perennial Education, Inc., 1980, 22 min., Color, $325, Grade Level: Special Education.

Therapist Gloria Blum models techniques for helping developmentally disabled students enhance their self esteem, learn social skills, and practice assertiveness skills. (White characters.)

First Things First. Producer/Distributor: Bill Wadsworth Productions, 1982, 30 min., Color, $485, Grade Level: 10-12.

A teenage couple grapple with the decision to have sex. The film does a good job of identifying common differences in the way males and females approach this important decision. Shows a positive role model of a parent discussing sexuality issues with her son. Focuses on the importance of communication in a romantic relationship. Validates a teenagers' right to say "no" to sex. May be a little too intellectual for some audiences. (White characters.)

Four Young Women. Producer: Leonard C. Schwarz and Veriation Films. Distributor: Perennial Education, Inc., 1973, 20 min., Color, $332, Grade Level: 10-12.

A documentary film about four young women -- different in age, race, personality, and intelligence -- who decide to have abortions for very different reasons. There are no easy solutions or easy answers. Probes the range of environmental and emotional factors affecting a decision to continue or to terminate a pregnancy. Focuses upon varying personal values. (Racially mixed characters.)

A Friend In Deed. Producer/Distributor: Paulist Productions, 1979, 27 min., Color, $375, Grade Level: 9-12.

Depicts the relationship between a handicapped boy and a young girl. Explores the emotions of loneliness, love, and the desire to be accepted. (White characters.)

Friends of Carl. Producer: Viscount Productions. Distributor: Planned Parenthood Center of Memphis, 1979, 4 min., Color, $75 or $285 for 5 films, Grade Level: 7-12.

While getting ready for the next class in a gym locker room, four young men discuss their views concerning marriage, both for their parents and for themselves. Designed to stimulate discussions of marriage as well as peer relationships. (Racially mixed characters.)

Ginger. Producer/Distributor: Planned Parenthood of East Central Georgia, 1976, 3 min., Color, $50, Grade Level: 7-12.

Ginger tearfully announces to her girlfriend that she is pregnant. They grope for a solution to this problem. This mediocre trigger film is intended to stimulate discussion. (Heavy Georgian accents. White characters.)

Girl on the Edge of Town. Producer/Distributor: Paulist Productions, 1980, 25 min., Color, $375, Grade Level: 10-12.

A value-laden film about a teenage girl who gets pregnant. Supports the option of having the baby and putting it up for adoption. Shows a very positive father/daughter relationship, but shows an inaccurate and distorted picture of pregnancy counseling in a family planning clinic. (White characters.)

Goodbye Lynn. Producer/Distributor: Centron Films, 1982, 17 min., Color, $390, Grade Level: 9-12.

Update of a film about a high school girl who is pregnant by mistake.

Growing Up Together: Four Teen Mothers and Their Babies. Producer: Crommie and Crommie, Inc. Distributor: Children's Home Society of California, 1974, 55 min., Color, $395, Grade Level: 10-12.

This is a captivating film about four different teenage mothers. The individual girls tell their own stories in their own words. Provides a view of their interpersonal relationships with their partners, families, friends, and others. The long film drags occasionally as each young mother's lifestyle is portrayed. (Racially mixed characters.)

Growing Up Young. Producer/Distributor: Perennial Education, Inc., 1980, 22 min., Color, $360, Grade Level: 7-12.

Explores the special problems of adolescent sexuality and the need for friendship and approval in making decisions about sex. Four teenage women, all seemingly well educated and from middle-class homes, make different decisions about their relationships with their boyfriend, ranging from deciding not to have sex to having sex, getting pregnant, and consequently deciding to get married. (Racially mixed characters.)

Hard Climb. Producer/Distributor: Perennial Education, Inc., 27 min., Color, $450, Grade Level: 7-12.

Encourages teenage boys to feel good about themselves without having to prove their sexual prowess to their friends. Shows that caring, sensitivity, and emotional bonds are more important and satisfying than casual sex. Somewhat sterile. (Racially mixed characters.)

Have a Healthy Baby: Labor and Delivery. Producer/Distributor: Churchill Films, 1978, 29 min., Color, $390, Grade Level: 9-12.

Follows two couples through the process of labor and delivery. Both fathers are actively involved. Honestly portrays a difficult childbirth. Available in Spanish. (Racially mixed.)

Have a Healthy Baby: Pregnancy. Producer/Distributor: Churchill Films, 1978, 22 min., Color, $340, Grade Level: 9-12.

Depicts the growth of the human embryo from conception through pregnancy. Highlights some of the joys and discomforts of each stage of pregnancy. Uses animation and live action. Stresses health habits during pregnancy. (Racially mixed.)

Healthy Mother, Healthy Baby. Producer/Distributor: Alfred Higgins Productions, 1975, 16 min., Color, $255, Grade Level: 9-12.

Explores good nutrition and eating habits for the expectant mother. Special attention given to the needs of the pregnant teenager. (Racially mixed characters.)

Herpes Simplex II. Producer/Distributor: Milner-Fenwick, Inc., 1983, 19 min., Color, $295, Grade Level: 9-12.

Gives not only factual information about genital herpes, but also insight into the life experiences and feelings of people who have contracted the disease. A sane and rational approach to a topic that has been sensationalized by the media in the United States. (Racially mixed characters.)

Hope Is Not a Method II. Producer: Wexler Film Productions. Distributor: Perennial Education, Inc., 1977, 19 min., Color, $276, Grade Level: 10-12.

An update of the 1972 version, this film provides objective information about seven types of contraception: withdrawal, rhythm, foam, the condom, the diaphragm, the pill, and the IUD. Diagrams are clear and easy to understand. Contraceptive information is somewhat dated.

How to Say No to a Rapist ... and Survive. Producer/Distributor: Learning Corporation of America, 1975, 53 min., Color, $750, Grade Level: 9-12.

This is a program presented by Frederick Storaska, a leading expert in the understanding and prevention of rape. Storaska encourages women to consider in advance how they could react to a sexual assault.

Human Growth III. Producer: Wexler Film Productions. Distributor: Perennial Education, Inc., 1976, 20 min., Color, $332, Grade Level: 5-8.

Describes the changes in the human body from birth to physical maturity, adolescent feelings, and reproduction. Contains unusually good drawings of reproductive organs in the body, includes interesting questions asked by young teenagers, and shows a brief live birth scene. Several segments where young married couples are interviewed about their child rearing plans may be tedious for the younger viewer. (Racially mixed characters.)

I'm Seventeen, I'm Pregnant, and I Don't Know What to Do. Producer: Lee Mendelson Film Productions. Distributor: Children's Home Society of California, 1970, 28 1/2 min., Color, $225, Grade Level: 10-12.

Somewhat dated film portraying a pregnant teenager who agonizes over her dilemma. Should she get married, have an abortion, keep her child, or give her child up for adoption? Examines the young woman's relationships with her mother, father, boyfriend, and friends and includes brief interviews with other pregnant teenagers and adoptive parents. After a brief exploration of the factors leading to her decision, the young woman finally decides to give her baby up for adoption. (White characters.)

Incest: The Victim Nobody Believes. Producer/Distributor: Motorola Teleprograms, Inc., 1976, 21 min., Color, $475, Grade Level: 9-12.

Presents the experiences of three women who were victims of incest. Includes a series of informal discussions. The women also offer suggestions to help other incest victims. Intended to raise consciousness about the effect of incest on women. (Racially mixed characters.)

I Only Want You to Be Happy. Producer/Distributor: McGraw-Hill Films, 1975, 16 min., Color, $205, Grade Level: 9-12.

Shows the very different ideas that two sisters have about their roles as women in today's society. Examines the meaning of "liberation" to different individuals and the imposition of one person's values upon another. Although this film was designed to stimulate discussion, the poor acting and overly dramatic story line detract from its usefulness. (White characters.)

Is That What You Want for Yourself? Producer/Distributor: Learning Corporation of America, 1980, 13 min., Color, $250, Grade Level: 7-12.

Explores the reaction of a working class family when the teenage daughter suspects that she is pregnant. While communication between the teenage couple seems good, communication within the girl's family is poor. The stilted acting does not reduce the emotional power of the film. (White characters.)

I Think I'm Having a Baby. Producer/Distributor: Learning Corporation of America, 1981, 29 min., Color, $500, Grade Level: 7-12.

Highlights the naivete and intensity of a young adolescent girl's feelings for an older teenage boy. She has a sexual encounter with him and fears that she is pregnant. When she tells him, he barely remembers her and wants no part of the situation. This film originated as an ABC after-school special on television. (White characters.)

It Must Be Love 'Cause I Feel So Dumb. Producer/Distributor: Learning Corporation of America, 1976, 29 min., Color, $450, Grade Level: 7-9.

This humorous and touching love story captures the awkwardness of adolescent first love. It points out the sometimes painful process of deciding personal values and learning to judge relationships with other people. The language and dress of the characters in this recommended film are representative of suburban, White preteenagers. (White characters.)

It's a Thought. Producer/Distributor: Centron Films, 1980, 22 min., Color, $487, Grade Level: 7-9.

In this film, Debbie fails in her attempts to make friends with the popular girls in her junior high school. She naturally feels insecure and rejected. Her older sister, Missy, gives her some positive advice about friendship based on her own experiences in junior high school. Although their mother in the film is not a believable character, both Debbie and Missy are extremely realistic. They yell and scream at each other, but they also demonstrate their concern for one another. The film would probably appeal most to suburban junior high school audiences. (White characters.)

It's My Decision as Long as It's What You Want. Producer/Distributor: McGraw-Hill, 1974, 14 min., Color, $235, Grade Level: 7-12.

Depicts in a realistic manner the communication difficulties that often occur between parent and adolescent. Jane and her mother cannot seem to understand each other. Mrs. Dalton doesn't think that Jane is mature enough to handle the freedom that she desires so badly. (White characters.)

It's Up to Laurie. Producer: Gordon-Kerckhoff Productions. Distributor: Centron Films, 1979, 21 min., Color, $453, Grade Level: 7-12.

Focuses on interpersonal relationships and attitudes toward dating and premarital sex. Depicts parent-child communication in three different family styles: authoritarian with little communication, permissive with little communication, and democratic with open lines of communication. In each family style the daughter, Laurie, has a different attitude about herself and her boyfriend, Jimmie. Although the acting is occasionally stilted, the film has been used effectively with both parents and teenagers from middle class backgrounds. Group leaders should stress that children reared in similar family styles will not necessarily behave as Laurie did. (White characters.)

Killing Us Softly. Producer: Jean Kilbourne. Distributor: Cambridge Documentary Films, 1979, 28 min., Color, $450, Grade Level: 7-12.

Uses advertising clips to illustrate the impact of the media on our perceptions of male and female roles. With an interesting mixture of insight, humor, and outrage, the commentator, Jean Kilbourne, shows the audience that individual ads that seem harmless and "cute," add up to a powerful form of cultural conditioning. Although Kilbourne concentrates predominantly on the image of White women in the media, there are several enlightening segments on men and Black women in her presentation. (Racially mixed.)

Labor of Love: Childbirth without Violence. Producer/Distributor: Perennial Education, Inc., 1976, 27 min., Color, $455, Grade Level: 7-12.

Describes the controversial technique of childbirth popularized by Dr. Frederick Leboyer. Contrasts a traditional delivery with a Leboyer delivery from the perspective of the newborn. Includes explicit scenes of an actual delivery. (White characters.)

Learning to Talk about Sex When You'd Rather Not. Producer/Distributor: Special Purpose Films, 1983, 29 min., Color, $400, Grade Level: 7-12.

Dramatizes the fact that persons with mental retardation have the same emotional needs as other people. Advocates sexuality education for people with mental retardation. Models appropriate teaching and group techniques with groups of young men and women.

Like Other People. Producer: Kastrel Films, Distributor: Perennial Education, Inc., 1973, 37 min., Color, $442, Grade Level: 10-12.

This is a moving film dealing with the sexual, emotional, and social needs of the physically handicapped. The two main characters are two cerebral palsy patients who in their own words, make a plea to humanity to understand that they are "real" people. The dialogue is difficult to understand in parts because of speech problems of the people involved, but the film is well worth the effort. (White characters.)

Linda's Film: Menstruation. Producer/Distributor: Phoenix Films, Inc., 1974, 18 min., Color, $295, Grade Level: 9-12.

Explores the taboos, assumptions and prejudices about menstruation through the eyes of a teenage couple. Focuses more on attitudes toward menstruation rather than giving facts. Indicates, perhaps falsely, that women rarely have any discomfort associated with menstruation. Intended to be humorous. Younger teenagers may not recognize the intended satire in various segments of the film. (White characters.)

A Little Help from My Friends. Producer/Distributor: Agency For Instructional Television, 1980, 15 min., Color, $25 rental, Grade Level: 7-12.

Explores the meaning of friendship. Shows the ups and downs of a relationship between two Hispanic boys. While the two boys are quite different, there are many reasons why they are friends. As the film progresses, it becomes more and more obvious that the boys' differing values cause problems in their relationship. The two main characters are attractive, charming, and believable. Although the cast is primarily Hispanic, most teenagers could relate well to the film. From the excellent "On the Level" series. (Hispanic characters.)

A Lonely Way Back. Producer/Distributor: Cine-Image Films, Ltd., 1974, 22 min., Color, $300, Grade Level: 7-12.

Unlike most films on sexually transmitted disease, this film depicts the psychological effects on a teenage girl who has one. Through the use of fantasies and flashbacks, Janet explores the impact of this experience on her self esteem and her relationships with her boyfriend, parents, and a girlfriend. (White characters.)

Looking for Love. Producer/Distributor: Educational Consortium For Cable, 1982, 30 min., Color, $300, Grade Level: 7-12.

A poignant documentary about the effect of a teenage pregnancy on the lives of all involved. Very realistic. (Ethnically mixed characters.)

Love Carefully. Producer: Sy Wexler. Distributor: Perennial Education, Inc., 1977, 17 min., Color, $285, Grade Level: 7-12.

Presents information on most methods of contraception. Animations greatly facilitate the explanation of birth control methods. The contraceptive information is slightly dated. The film should be previewed due to the explicit nature of some of the drawings.

Lucy: A Teenage Pregnancy. Producer: Planned Parenthood of Springfield Area. Distributor: Perennial Education, Inc., 1979, 10 min., Color, $166, Grade Level: 7-12.

Lucy is a 15 year old White teenager who lives with her mother and nine siblings in the "projects." The film depicts the problems that she faces as a teenage mother in a poor family. Lingering camera shots of cockroaches on the counter and plaster falling from the walls seem inappropriate. The film should be previewed so that the facilitator can determine the appropriateness of the film for different audiences.

Making a Decision Is ... Producer/Distributor: Churchill Films, 1974, 19 min., Color, $280, Grade Level: 7-12.

Teaches that decision making is a skill that can be learned, practiced, and improved. The process is examined through a variety of examples, but the majority of time is spent on career decisions. Although the first half of the film is informative, the last segment portraying the failure of "The Great Decision-Making Machine" may be too unrealistic for most teenagers to accept. Intended to be humorous.

Making Decisions about Sex. Producer/Distributor: Churchill Films, 1981, 25 min., Color, $315, Grade Level: 7-12.

Shows eight California teenagers discussing their views about having sexual intercourse at their age. While the teenagers express realistic points of view, the voice-over format is boring for many viewers. (Racially mixed characters.)

Making Points. Producer: Girls Clubs of America. Distributor: Direct Cinema Limited, 1981, 11 min., Color, $250, Grade Level: 7-12.

A very humorous, but poignant, film about sex role stereotyping. The action takes place on a basketball court in a girls club. A TV reporter interviews a group of boys about their plans and to find out their feelings about their sex role identity. As the interview progresses, it becomes apparent that the boys' responses are somewhat unusual. The credits at the end of the film reveal that the boys' statements were actual statements made by a group of girls. (Racially mixed characters.)

Male Involvement Project Trigger Film. Producer/Distributor: Perennial Education, Inc., 3 min., Color, $99, Grade Level: 10-12.

Designed for use in movie theatres and television as a public service announcement. Leads young men to the realization that they should examine the potential effects that sexual activity can have on the rest of their lives. Encourages them to seek advice and information from their local family planning or health clinic.

Mark and Susan. Producer/Distributor: Planned Parenthood of East Central Georgia, 1976, 3 min., Color, $50, Grade Level: 7-12.

This trigger film shows a parked car with blurred movements inside. On the soundtrack, Mark tries to persuade Susan to have intercourse and Susan resists. Although the voices and dialogue strike some teenagers as unrealistic, the film successfully generates discussion.

Masturbatory Story. Producers: Chris Morse and Judy Doonan. Distributor: Perennial Education, Inc., 1978, 15 min., Color, $249, Grade Level: 9-12.

This film, in a humorous fashion, dispels the myths surrounding masturbation. A young man returns to his childhood and adolescence remembering the negative information he received as well as his own experiences with masturbation. Because of the unique style and subject of this film, it should be previewed. (White characters.)

A Matter of Respect. Producer/Distributor: National Audiovisual Center or Blackside Films, 1980, 18 min., Color, $190, Grade Level: 7-12.

Designed to emphasize the male role in sexual responsibility. However, the film includes few examples of teenage men being responsible for their own sexual behavior. On the other hand, there are some excellent documentary sequences interspersed throughout the film: rap sessions with teenage mothers and with a group of young men, interviews with teenage men, and excerpts from a speech on sexual responsibility by Jesse Jackson. (Racially mixed characters.)

Me, a Teen Father. Producer/Distributor: Centron Films, 1981, 13 min., Color, $285, Grade Level: 7-12.

Presents a teenage pregnancy from the point of view of the young male. Uses a voice-over format which many viewers find boring. (White characters.)

Michael, a Gay Son. Producer/Distributor: Filmmakers Library, 1981, 28 min., Color, $400, Grade Level: 12.

A docudrama about a young man, Michael, who reveals his homosexuality to his family. Realistically explores typical family reactions. In a moving session, a family therapist enables family members to honestly reveal what Michael's homosexuality means to them. Requires additional clarification after viewing the film to point out the misinformation that many of Michael's family members believed about homosexuality. (White characters.)

Men's Lives. Producer: Will Roberts and Josh Hanig. Distributor: New Day Films, 1975, 43 min., Color, $550, Grade Level: 7-12.

Describes how masculinity is stereotyped in America. Through interviews with men and boys and candid shots, it explores the ways various individuals have dealt with the role of the ideal American macho male. Intended to spark discussion and raise consciousness. Has been labeled extremely liberal by individuals with more traditional viewpoints. Very long. (Racially mixed.)

Mother, May I?. Producer: Shared Futures Films. Distributor: Churchill Films, 1981, 28 min., Color, $450, Grade Level: 9-12.

Presents the relationship between 11 year old Karen and her older sister, Michele. Karen finds out that Michele thinks she is pregnant and tries to convince her to tell their parents. By the end of the film, Michele finds out that she is not pregnant, but her parents realize that they have been embarrassed to talk about sex with each other and their children. While the acting is somewhat stilted, this film is a good vehicle for encouraging parents and children to discuss sexuality together. (White characters.)

My Mother Was Never a Kid. Producer/Distributor: Learning Corporation of America, 1980, 30 min., Color, $450, Grade Level: 7 -12.

Reminds teenage audiences that all grownups, including parents, were young once. A 13 year old girl, Victoria, witnesses some of the events of her mother's adolescent years. What Victoria sees helps her to understand her mother better. This film originated as an ABC afterschool special. (White characters.)

No Exceptions. Producer/Distributor: Film Fair Communications, 1977, 24 min., Color, $425, Grade Level: 7-12.

Utilizes interviews and dramatic situations to present information about rape. Deals with three aspects of rape: how to prevent it, what to do if it happens, and what to do afterward.

No Lies. Producer/Distributor: Phoenix Films, 1973, 16 min., Color, $295, Grade Level: 9-12.

A dramatic study of a young woman's reaction to being raped. She describes with increasing emotion her experiences with the rapist, friends, family, and the police. (White characters.)

Not My Problem. Producer/Distributor: Barr Films, 1979, 18 min., Color, $320, Grade Level: 7-12.

Presents the dilemmas and responsibilities relating to sexuality of the average teenage boy. Dave is very believable as a 16 year old who hasn't matured enough to take responsibility for a variety of his behaviors. For example, he borrows his brother's van and brings it back late; and he has sex with his girlfriend, Susan, without considering the consequences. Filmed in sunny California. (Racially mixed characters.)

Parenting: Growing with Children. Producer/Distributor: Film Fair Communications, 1976, 22 min., Color, $350, Grade Level: 10-12.

Presents four families and their methods of parenting. The families viewed are a young White couple struggling with a new baby, a large traditional family, a family with a working mother, a father working at home, and a single-parent Black family. Demonstrates a variety of parenting styles to young people. (Racially mixed.)

Pregnancy Prevention: Options. Producer/Distributor: Aims Instructional Media Services, 1980, 17 min., Color, $330, Grade Level: 9-12.

Explores the sexual concerns of young people. Discusses ways to prevent unplanned pregnancies with emphasis on the option of saying "no" to sex. (Racially mixed characters.)

Pregnant Teens: Taking Care. Producer/Distributor: Perennial Education, Inc., 1983, 22 min., Color, $450, Grade Level: 9-12.

Offers complete prenatal care information to pregnant teenagers. Covers nutrition, fetal development, effects of drug and alcohol use, "telling your parents," and other topics. Includes microphotography showing an actual fetus in the womb. (Racially mixed characters.)

Prenatal Development. Producer/Distributor: McGraw-Hill Films, 1974, 20 min., Color, $305, Grade Level: 10-12.

Covers the stages of growth and development of the fetus and defines the optimum conditions for the fetus before birth. The photography is excellent.

Prisoners of Chance (Teenage Parents). Producer/Distributor: Film Fair Communications, 1979, 23 min., Color, $430, Grade Level: 7-12.

Based on real characters, this film dramatizes the lifestyles of several teenagers who have become parents. The first, Maureen, is an articulate young woman who had many problems and thought having a baby would improve her life. The second, Lynn, no longer sees the baby's father and lives with her mother with whom she struggles over parenting responsibilities. The last couple, Rick and Anna, married during her pregnancy and opted to separate two years later due to emotional and financial strain. Considered one of the best films on teenage parenting. (Racially mixed characters.)

Promises. Producer/Distributor: ODN Productions, 1982, 14 min., Color, $275 ($250 each if purchased as a set with A Tender Balance), Grade Level: 7-12.

One of two trigger films, designed to be used with the comprehensive discussion guide that accompanies it. Shows several dating couples negotiating different aspects of their relationships. Encourages responsibility and the option of saying "no" to sexual behavior.

Rape: Escape without Violence. Producer/Distributor: Perennial Education, Inc., 1979, 18 min., Color, $298, Grade Level: 7-12.

Discusses nonviolent techniques for stopping a rapist. Narrated by a rape victim who encourages women to have a realistic awareness of rape. Stresses that many rapists are intimidated by a woman with assertive body language. Dispels many of the myths about rape. Considered excellent by many sexuality educators. (White characters.)

Reaching Out. Producer/Distributor: Learning Corporation of America, 1980, 32 min., Color, $450, Grade Level: 7-12.

A love story about two teenagers with extraordinary needs. One is physically handicapped; the other is emotionally troubled. Raises questions about sexuality and the disabled as well as the needs of "forgotten" youngsters who are shunted off into group homes. (Racially mixed characters.)

Reflections: Josie. Producer/Distributor: Paulist Productions, 1981, 25 min., Color, $375, Grade Level: 9-12.

Designed to explore self concept in relation to sexuality. Presented by adolescents who explain the decisionmaking process and emphasize the importance of making mature decisions.

Rock-a-Bye Baby. Producer/Distributor: Time-Life Films Multi-Media Division, 1970, 29 min., Color, $450, Grade Level: 10-12.

Examines some of the techniques psychologists use to analyze mothering practices around the world. Advocates the stimulation of the baby's senses as a basic requirement for the development of healthy children.

A Rose By Any Other Name. Producer/Distributor: Focus International, 1979, 15 min., Color, $295, Grade Level: 10-12.

A sensitive and moving film about an old woman living in a nursing home. Offers insight into the emotional needs of people who are aging. (White characters.)

Running My Way. Producer/Distributor: Children's Home Society of California, 1981, 28 min., Color, $395, Grade Level: 7-10.

Focuses on the many sensitive issues, dilemmas, peer pressures, and decisions confronting 15 year old Lisa and her 15 year old boyfriend. A realistic example of today's adolescent scene in middle class communities. Identifies negative consequences of adolescent sexual activity other than pregnancy and sexually transmitted disease. Portrays the intensity of a first love. Considered an excellent film for exploring decisionmaking about sexuality. (Racially mixed.)

Saying No: A Few Words to Young Women about Sex. Producer/Distributor: Perennial Education, Inc., 1982, 17 min., Color, $325, Grade Level: 7-12.

Young women talk about their personal decisions to abstain from sexual intercourse. Selected vignettes demonstrate how girls can be pressured to have sex. Later, the film returns to the same situations but the girls use assertiveness skills to say "no." (Racially mixed characters.)

Schoolboy Father. Producer/Distributor: Learning Corporation of America, 1982, 30 min., Color, $450, Grade Level: 7-12.

Tells the story about a very concerned and responsible teenage father who wants to get custody of his baby boy. He arranges to take care of his son for one week, during which he realizes that the responsibility of taking care of an infant is more than he can handle. A real tear jerker. (White characters.)

Seasons of Sexuality. Producer/Distributor: Perennial Education, Inc., 1980, 14 min., Color, $249, Grade Level: 7-12.

Explores sexuality through the life cycle. People of all ages on a summer picnic discuss issues such as touching, loving, privacy, friendship, body image, decisions, and values. A nice feature of the film is the inclusion of people of many age groups and different races. The film is so general and introductory that it may have limited usefulness. (Racially mixed characters.)

Setting Limits. Producer/Distributor: ODN Productions, 1982, Color, Captioned and Signed, Video Cassettes Only, $750, Grade Level: Deaf: 7-12.

A collection of three films with accompanying comprehensive study guides. Contact ODN for prices of individual films. (White characters.)

More Than Friends: (21 min.) Presents a positive role model for communication about sexuality. Ted and Molly like each other but are confused about how to show it. Both get questionable advice from friends. After making some common mistakes, both are able to communicate their true feelings.

A Night Out: (10 min.) Tom tries to force Julie to have sex with him, but she is able to talk her way out of the situation.

Setting Limits: (24 min.) Designed to help make parents, educators, and deaf adolescents more aware of the typical decisions that teenagers face and constructive ways to make decisions. Dramatizes the impact of peer pressure on decisionmaking. Interspersed with scenes from More Than Friends. Broadway star Phyllis Frelich, who is also deaf, narrates. All dialogue is signed.

Sex Role Development. Producer/Distributor: McGraw-Hill Films, 1974, 23 min., Color, $305, Grade Level: 10-12.

Presents current theories about how children learn gender roles. Supports raising a child in a nonstereotyped, nonsexist environment. Shows a family and a preschool striving to minimize stereotypical thinking and behavior.

Shelley and Pete ... (and Carol). Producer/Distributor: National Audiovisual Center, 1980, 22 min., Color, $245, $30/3-day rental, Grade Level: 7-12.

Depicts the story of Pete and Shelley, two high school students who become teenage parents. The story line is compelling and realistic. Dramatic ending adds to the appeal for junior and senior high school students. Also available from WRS Motion Pictures for $127.59. (Racially mixed characters.)

Side by Side: Prejudice. Producer/Distributor: Agency for Instructional Television, 1980, 15 min., Color, $25 rental, Grade Level: 8-12.

One of the most poignant from the "On the Level" series. Explores the effect of prejudice on a friendship between two teenage girls, one White and one Oriental. The White girl is faced with a serious dilemma when her boyfriend invites her to his country club dance but indicates that her friend cannot come because Orientals are not allowed at the club. Her Oriental friend happens to overhear this conversation and is hurt and angry when her friend does not defend her. The film ends with hurt feelings on both sides, and nothing is resolved. Very realistic. (Ethnically mixed cast.)

A Special Time for Parents and Children. Producer/Distributor: Perennial Education, Inc., 1979, 15 min., Color, $249, Grade Level: 7-12.

Encourages parents to spend "special time" with their children. Full of practical suggestions on how to have fun with children of all ages. A Special Time stresses that the sharing of play activities can often teach children important skills as well as improve the quality of a family's life through a very special bonding. Has been used successfully as a teaching tool. (Racially mixed characters.)

The Story of Eric. Producer/Distributor: Centre Films, Inc., 1972, 40 min., Color, $325, Grade Level: 10-12.

Deals with a middle-class, professional couple's first pregnancy, labor, delivery, and birth in a documentary format. Discusses their expectations, emotional adjustments, and their preparation through Lamaze classes. Although the film does contain a few inaccuracies, it is a positive portrayal of childbirth. In particular, the couple's joint involvement and the husband's sensitivity make the film worthwhile. (White characters.)

Surrounded: Peer Group Relationships. Producer/Distributor: Agency for Instructional Television, 1980, 15 min., Color, $25 rental, Grade Level: 8-12.

This film from the "On the Level" series depicts the pain and the pleasure that youth experience as a part of a large peer group. As long as everyone agrees and follows the leader, this group functions beautifully. Eventually, two members of the group -- one of whom also plays Shelley in Shelley and Pete .., (and Carol) -- rebel for different reasons. They both face the decision of whether to be individuals and do what they think is right, or give in to group pressure. One nice feature of the film is the racial mix of the group. Black and White teenagers work and play together in a warm and genuine manner. Also, while the group members seem to have fun together, their relationships are primarily platonic. Designed to stimulate discussion. (Ethnically mixed cast.)

Taking Chances. Producer/Distributor: Mobius International, 1979, 22 min., Color, $525, Grade Level: 7-12.

A discussion group share opinions and feelings about the use of contraception among sexually active teenagers. Vignettes interspersed throughout the film further explore the barriers to responsible contraceptive use. Presents a stereotyped view of adolescent males. (Racially mixed.)

Teenage Father. Producer/Distributor: Children's Home Society of California, 1978, 28 min., Color, $395, Grade Level: 9-12.

This believable, Academy Award winning film is about the thoughts and feelings of a 17 year old who has become a teenage father. Shows the young couple talking with their parents and debating their options with a social worker. Also explores the adolescent sexual milieu. Only the credits at the film's end reveal that the cast members are professionals and that the story is a dramatization. It is one of the most highly regarded and widely used films in this country. (Racially mixed characters.)

Teen Mother: A Story of Coping. Producer/Distributor: Mobius International, 1981, 24 min., Color, $550, Grade Level: 7-12.

Rosie is surviving as a teenage mother. Portrays the realities of parenting in the teenage years. Attempts to show the brighter side of this situation with a teenager who is "making it."

Teenage Mother: A Broken Dream. Producer: CBS News. Distributor: Carousel Films, 1979, 14 min., Color, $300, Grade Level: 7-12.

Presents the case history of a 15 year old unmarried mother. Shows the demands and confusion of teenage pregnancy and motherhood in a realistic manner. (White characters.)

Teenage Pregnancy: No Easy Answers. Producer/Distributor: Barr Films, 1979, 22 min., Color, $320, Grade Level: 7-12.

A sequel to Not My Problem, this film focuses on 15 year old Susan, who has just found out that she is pregnant. Susan begins to explore the options of adoption, abortion, marriage, and single parenting with her counselor, doctor, and friends. Although Susan is more mature than many 15 year olds, she is a responsible role model for other young women. (Racially mixed characters.)

Teen Sexuality: What's Right For You? Producer/Distributor: Perennial Education, Inc., 1976, 29 min., Color, $332, Grade Level: 7-12.

A group of teenage boys and girls discuss, in small groups, many sexual issues based on their own experiences and backgrounds. Near the end of the film, Dr. Deryck Calderwood and Dr. Vivian Clark answer many of the questions that were raised in the small group discussions. Although this film is widely used in the field of sexuality education, it has not been well received by some urban group leaders. (White characters.)

Teens Having Babies. Producer/Distributor: Polymorph Films, 1983, 20 min., Color, $395, Grade Level: 7-12.

Gives information on prenatal care and childbirth to pregnant teenagers. Shows teens giving a medical history, getting a pelvic exam, attending childbirth classes, and delivering their babies.

A Tender Balance. Producer/Distributor: ODN Productions, 1982, 17 min., Color, $275 ($250 if purchased as part of set with Promises), Grade Level: 7-12.

One of two trigger films, designed to be used with the comprehensive discussion guide that accompanies it. A teenage couple discuss sexuality issues with their parents following a school dance. Encourages responsibility and the teenager's right to say "no" to sexual behavior.

TNT. Producer/Distributor: Hyperion Media Company, 1981, 27 min., Color, $350, Grade Level: 10-12.

Traces the development of a group of San Francisco teenagers from audition-line hopefuls to a full-fledged peer education/family life theatre company. Reveals the impact of the Teens'N Theatre group on its actors and audiences. Very well done.

Too Soon Blues. Producer/Distributor: Cine-Image Film, Ltd., 1973, 24 min., Color, $300, Grade Level: 7-12.

Explores teenage sexuality as a young innercity Black couple begin a relationship and have sex without contraception. Portrays realistically the strained communication between a teenage boy and girl, each having different feelings and needs. Numerous other teens give their perspectives on premarital sex, the double standard, communication, birth control, and other topics. Although music and clothing are outdated, the film is considered excellent by sexuality educators and urban teenagers. (Black characters.)

Trying Times: Crisis in Infertility. Producer/Distributor: Fanlight Productions, 1980, 33 min., Color, $520, Grade Level: 10-12.

Gives up-to-date information about counseling and treatment for infertile individuals and couples. Offers insight into the pain experienced by couples who want children but can't have them. Discusses adoption as an option. Very moving. (White characters.)

V.D. and Women. Producer: Crommie and Crommie, Inc. Distributor: Perennial Education, Inc., 1978, 17 min., Color, $287, Grade Level: 7-12.

Five women of different ages give information about sexually transmitted diseases. A medical professional describes female sexual anatomy. One of the women in the film is given the commonsense advice to look at her own body and get to know it well in order to be aware of any changes. Carefully shows the viewer how to locate local professional help anywhere in the U.S.

V.D.: Old Bugs, New Problems. Producer/Distributor: Alfred H. Higgins Production, 1976, 20 min., Color, $300, Grade Level: 9-12.

Discusses sexually transmitted diseases and the serious problems that they can cause. Emphasizes prevention and early treatment. Gives detailed information about gonorrhea, syphilis, herpes, trichomoniasis, monilia, venereal warts, crabs, scabies, and nongonococcal urethritis. May be too much information for young people to retain.

V.D. Quiz. Producer/Distributor: American Educational Films, 1978, 20 min., Color, $300, Grade Level: 7-12.

Provides relevant questions and answers on sexually transmitted diseases in a quiz format. Topics include trichomoniasis and herpes as well as the better-known sexually transmitted diseases. Omits the use of condoms as a preventive method.

Walk With Me. Producer: Cleveland Program for Sexual Learning. Distributor: Perennial Education, Inc., 1983, 25 min., Color, $425, Grade Level: 10-12.

A film about sexual learning in the family. Shows three different kinds of families discussing their attitudes about sexuality in the home and sex roles for children. (Racially mixed characters.)

Wayne's Decision. Producer: Viscount Productions. Distributor: Planned Parenthood Center of Memphis, 1979, 4 min., Color, $75 or $285 for 5 films, Grade Level: 7-12.

Seventeen year old Wayne confronts his parents with the fact that his girlfriend, Donna, is pregnant. He wants to marry her but his distraught parents violently oppose his decision. Intended to stimulate discussions of decision making around an unplanned pregnancy. May have special appeal to fathers. (White characters with heavy Memphis accents.)

We Were Just Too Young. Producer: J. Gary Mitchell and John McDonald, Distributor: Motorola Teleprograms, Inc., 1979, 30 min., Color, $450, Grade Level: 7-12.

Portrays a teenage couple, John and Jan, who decided to marry after an unplanned pregnancy. Shows the stress of infant care on their relationship, which is often abusive. Presents the attitudes and feelings of family members and friends, who are not very supportive of the young couple. Before the film ends, Jan and John have separated, choosing to live with their own families. Both regret having had a baby so early in their lives. Although the film is very long, it successfully demonstrates the day-to-day demands of parenting. (White characters.)

What About McBride? Producer/Distributor: McGraw-Hill Films, 1974, 10 min., Color, $205, Grade Level: 9-12.

Portrays two teenage boys who, while planning a rafting trip down a river, discuss McBride as a possible companion. One of the boys rejects McBride because he has heard that McBride is homosexual. The ensuing argument brings out the typical myths and stereotypes about homosexuals. Considered an excellent trigger film for sparking discussion and thought. (White characters.)

What Can a Guy Do? Producer/Distributor: Serious Business Company, 1980, 15 min., Color, $250, Grade Level: 7-12.

Rather than give factual information about birth control methods, this film focuses on teenage boys' attitudes and opinions about contraceptive use. Three couples deal with the possibility of pregnancy. In other segments, Angel Martinez leads a discussion group with a diverse group of teenage boys. One episode shows a boy purchasing condoms in the drug store for the first time. (Ethnically mixed characters.)

What Guys Want. Producer/Distributor: Polymorph Films, 1983, 16 min., Color, $395, Grade Level: 9-12.

Teenage boys discuss their attitudes and feelings about maleness and sexual behavior. Gives convincing reasons for delaying sexual activity. Very realistic. (Ethnically mixed characters.)

What's to Understand. Producer: Viscount Productions. Distributor: Planned Parenthood Center of Memphis, 1979, 4 min., Color, $75 or $285 for 5 films, Grade Level: 7-12.

A Black teenage couple, Floyd and Laura, are alone in his family's apartment. Floyd pushes Laura to have sex, but she resists. Their off-camera voices let the viewer know how they really feel about having sex together. Sexuality educators consider this an excellent trigger film.

When, Jenny, When? Producer/Distributor: Paulist Productions, 1978, 25 min., Color, $23 (rental only), Grade Level: 9-12.

This film is about a teenage girl, Jenny, who tries to enhance her self-esteem by "turning boys on." She is "fixed up" with Brad who has been challenged by the other guys to prove his manhood by "scoring" with Jenny. As they talk in the back of a van, they decide they have been succumbing to peer pressure and don't really want to have sex together. This film may be inappropriate for some programs because of the liberal sexual milieu that is portrayed. (White characters.)

When Love Needs Care. Producer: Leonard C. Schwarz. Distributor: Perennial Education, Inc., 1972, 13 min., $216, Grade Level: 7-12.

Portrays the actual experiences of two nervous teenagers, one male and one female, being examined and treated for sexually transmitted diseases. Shows an actual pelvic examination. Discusses prevention of sexually transmitted diseases. (White characters.)

When Teens Get Pregnant. Producer/Distributor: Polymorph Films, 1982, 18 min., Color, $395, Grade Level: 7-12.

Five pregnant adolescents discuss how they got pregnant and their feelings about their pregnancy. The girls give advice to other teenagers who might be considering having a baby. Very realistic. (Ethnically mixed.)

Who Am I? Producer/Distributor: Agency for Instructional Television, 1980, 15 min., Color, $25 rental, Grade Level: 8-12.

In this film from the "On the Level" series, Tyrone, a Black teenage boy, has many doubts about his self worth. He has had very little success and is constantly compared to his dead brother who was a high achiever. As the film progresses, the viewer witnesses the way family and friends' comments make him feel worse about himself. His friends tease him about his lowly job as a dishwasher and his parents harass him about his poor grades. Finally, Tyrone's employer spends a few special moments with him to reassure him about his future. His employer also fires him "for his own good" so that he can spend more time studying. In the end, Tyrone still has problems but is beginning to have a clearer, more positive self image. This film provides considerable insight into the complexities of the "problem adolescent." (Racially mixed characters.)

Woman-Child. Producer/Distributor: National Foundation/March of Dimes, 1977, 15 min., Color, $80, Grade Level: 7-12.

Opening with a voice-over of statistics on teenage pregnancy, abortion, and the prevalence of teenage mothers keeping their babies, this film follows one pregnant high school girl through her pregnancy and delivery. Explores her subsequent problems related to family, school, job, and child care. (Racially mixed.)

Young, Single and Pregnant. Producer/Distributor: Perennial Education, Inc., 1974, 18 min., Color, $298, Grade Level: 9-12.

Focuses on the lives of four pregnant teenagers and the decisions they make: forced marriage, abortion, adoption, or single parenthood. Examines each girl's relationship with her parents, boyfriend, and peers. Documentary format. Considered mediocre by many sexuality educators. (Racially mixed.)

Your Pelvic and Breast Examination. Producer/Distributor: Perennial Education, Inc., 1975, 12 min., Color, $235, Grade Level: 9-12.

Shows how a young woman performs a self-examination of her breasts. Afterwards, a nurse practitioner gives the woman a complete pelvic examination. The articulate young woman is able to ask questions in a very natural manner. Removes the mystery surrounding both the breast and pelvic exam. (White characters.)

FILMSTRIPS: ELEMENTARY SCHOOL

Becoming a Woman/Becoming a Man. Producer/Distributor: Guidance Associates, 1973 (Revised), 2 Filmstrips, 2 Cassettes, $79.50, Grade Level: 5-8.

These filmstrips describe the female and male reproductive and endocrine systems, and discuss variations in growth patterns. Explores the psychological, social, and sexual aspects of puberty.

Being Healthy Program Series. Producer/Distributor: Nystrom, 1977, 4 Cassettes, Activity Sheets, Idea Cards, Teachers' Guide, $140 per set, Grade Level: 4-6.

Three comprehensive, sequential health education programs intended for use in the intermediate grades. The programs contain information in family life relationships, human growth, mental health, personal cleanliness, sex roles, and eight other general topics. Includes a program for each grade level that contains 4 filmstrips.

Coping With Adolescence: Understanding Puberty. Producer/Distributor: Society for Visual Education, 1982, 4 Filmstrips, 4 Cassettes, $86, Grade Level: 5-7.

The filmstrips are entitled:

1) "What's Happening To Me?"
2) "What's Happening To My Body: Boys"
3) "What's Happening To My Body: Girls"
4) "What's Happening To My Feelings?"

Developing an Understanding of Self and Others - Primary (DUSO Kit). Producer/Distributor: American Guidance Service, Inc., 1972, $133, Grade Level: K-3.

This multimedia kit contains story books, group discussion and role playing cards, posters and photoboards, hand puppets, song cards, cassettes, and a teacher's manual. Useful for developing positive self-esteem and for improving interpersonal relationships. Intended for nonreaders and slow learners.

Developing an Understanding of Self and Others - Elementary (DUSO Kit). Producer/Distributor: American Guidance Service, Inc., 1974, 5 Cassettes, $125, Grade Level: 4-6.

This multimedia program contains story books, group discussion and role playing cards, posters and other items which can be used when conducting classes that help to develop the student's self-esteem and encourage interpersonal relationships. Intended for poor readers and slow learners.

Especially for Boys. Producer/Distributor: Perennial Education, Inc., 1975, 1 Filmstrip, 1 Cassette, $35, Grade Level: 5-7.

Designed to help boys in upper elementary school develop basic understanding about human growth and reproduction. (Animated.)

Especially for Girls. Producer/Distributor: Perennial Education, Inc., 1975, 1 Filmstrip, 1 Cassette, $35, Grade Level: 5-7.

Presents the changes and functions of a girl's reproductive system. (Animated.)

Especially for You. Producer: Wexler. Distributor: Perennial Education, Inc., 1975, 1 Filmstrip, 1 Cassette, $35, Grade Level: 5-7.

Designed to help students develop positive attitudes toward, and a basic understanding of, human reproduction and growth. Includes (1) an overview of the changes of puberty, (2) the processes by which egg and sperm cells function in reproduction, and (3) the development of a human being. Describes male and female growth and development in detail.

The Family. Producer/Distributor: BFA, 1972, 6 Filmstrips, 3 Cassettes, $81, Grade Level: 1-6.

1) "Family Members and Their Roles"
2) "Each Family Is Different"
3) "Meeting Physical Needs"
4) "Meeting Emotional Needs"
5) "From Childhood to Old Age"
6) "Families from Other Cultures"

This series provides a sensitive introduction to the family as a social unit. Compares families with different economic, ethnic, and cultural backgrounds; shows that in spite of variations, the basic function of the family remains the same. Explores the problems of adoption, divorce, separation, and death, yet avoids any implication that broken homes are necessarily inferior.

Feelings Grow, Too. Producer/Distributor: Sunburst Communications, 1983, 2 Filmstrips, 2 Cassettes, $99, Grade Level: 5-8.

1) "You and Yourself"
2) "You and Others"

Alerts preadolescents to the emotional ups and downs that arrive along with puberty.

Growing into Womanhood/Growing into Manhood. Producer/Distributor: Guidance Associates, 1971, 2 Filmstrips, 2 Cassettes, $79.50, Grade Level: 5-8.

Gives information on the male and female reproductive systems and the process of puberty. Because of the explicitness of this program (e.g., diagrams of erect penises), younger students sometimes giggle and otherwise express discomfort during the viewing. Includes practical suggestions for coping with personal development in early adolescence. This program should be previewed prior to use with elementary school students. Somewhat dated.

Growing Up. Producer/Distributor: Walt Disney Education Media, 1977, 4 Filmstrips, 4 Cassettes, Grade Level: 5-6.

1) "The Story of Menstruation"
2) "Your Growth Toward Manhood"
3) "You and Your Feelings About Your Changing Body"
4) "You and Your Feelings About Others"

Helps boys and girls understand and accept puberty. Explains social maturation, encourages positive self-image, and explores values dealing with sexual responsibility. A captioned version is available.

How Animals Grow and Change. Producer: Norman Bean. Distributor: BFA, 1973, 4 Filmstrips, 4 Records, $68, Grade Level: 4-6.

This series of filmstrips explores how animals grow and change. Some animals resemble their parents at birth, while some undergo radical changes in form as they become adults. Includes unusual photographs of human embryos and fetuses. Examples of mammal growth are designed to help students understand their own body growth.

How We Grow. Producer/Distributor: BFA, 1975, 4 Filmstrips, 4 Cassettes, $94, Grade Level: 5-6.

Helps prepare students in early adolescence for the maturational changes they will experience.

Human Growth II Series. Producer/Distributor: Marshfilm, 1983, 4 Filmstrips, 4 Cassettes, $106, Grade Level: 4-7.

1) "Meet the New You -- For Boys"
2) "Meet the New You -- For Girls"
3) "Let's Get Growing"
4) "A Baby is Born"

Gives information about puberty and reproduction.

Human Growth and Development. Producer/Distributor: Imperial Educational Resources, 1972, 10 Filmstrips, 10 Cassettes, Grade Level: 1-6.

1) "Baby Chick"
2) "Baby Plants"
3) "Where Are Eggs Made?"
4) "Where Are Sperm Made?"
5) "How Do Sperm and Egg Join?"
6) "How Does a Baby Grow?"
7) "How a Baby is Born"
8) "Whom Do You Look Like?"
9) "Changing from Girl to Woman"
10) "Changing from Boy to Man"

These 10 filmstrips present information and concepts clearly and simply.

Human Growth and Development. Producer/Distributor: Imperial Educational Resources, 1972, 10 Filmstrips, 10 Cassettes, Grade Level: 5-8.

1) "Whom Do You Look Like?"
2) "Changing From a Girl to a Woman"
3) "Changing From a Boy to a Man"
4) "How Are Traits Inherited?"
5) "How Living Cells Divide"
6) "How Sex Is Inherited"
7) "How Environment Influences Our Inherited Traits"
8) "Endocrine Glands and Hormones"
9) "Menstruation and Pregnancy"
10) "Gestation and the Birth of A Baby"

Presents an overview of heredity, puberty, reproduction, and birth.

The Importance of You. Producer: Windmills, Ltd. Distributor: BFA, 1971, 4 Filmstrips, 4 Cassettes, $77, Grade Level: K-6.

1) "You are Somebody Special"
2) "Who's in Your Family?"
3) "Who Are Your Friends?"
4) "Your Feelings"

Emphasizes that human beings are both similar and different from other people. Photographs show children playing with each other, their families, and their friends. Provides examples to guide children toward a clearer and more positive understanding of themselves, their emotions, and the people around them.

Looking Great, Feeling Great. Producer/Distributor: Sunburst Communications, 1983, 2 Filmstrips, 2 Cassettes, $99, Grade Level: 5-8.

1) "Changes and Problems"
2) "Taking Charge"

Makes preadolescents aware of the new personal hygiene needs that accompany puberty. Urges viewers to take responsibility for keeping their bodies clean and healthy.

The New Me: Accepting Body Changes. Producer/Distributor: Sunburst Communications, 1983, 2 Filmstrips, 2 Cassettes, $99, Grade Level: 5-8.

1) "Boy Into Man"
2) "Girl Into Woman"

Gives information about male and female puberty.

FILMSTRIPS: JUNIOR AND SENIOR HIGH

Abortion: A Rational Appraisal. Producer: Audio Visual Narrative Arts. Distributor: Media Fair, Inc., 1972, 2 Filmstrips, 2 Cassettes, $63.25, Grade Level: 10-12.

Defines abortion and explains the background of the controversy surrounding it. Students are asked to consider the moral, medical, legal, and religious aspects of the issue. Provides considerable factual information. Designed to present the emotional topic of abortion in a nonjudgmental manner.

Adolescent Conflict: Parents vs. Teens. Producer: Media Fair, Inc. Distributor: Sunburst Communications, 1977, 2 Filmstrips, 2 Cassettes, $99, Grade Level: 9-12.

Assures students that conflict is a natural part of the process of maturation and originates in the search for independence during the adolescent years. Part one, "Understanding the Conflict," is a mediocre presentation of the causes and manifestations of parent/child conflicts. In part two, "Dealing With the Conflict," the theories of transactional analysis are used to explain the communication problems between parents and teenagers. Gives practical advice to teenagers who wish to negotiate more successfully with their parents.

Anatomy and Attitudes: Understanding Sexuality. Producer: Mark Schoen. Distributor: Sunburst Communications, 1983, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Focuses primarily on male and female sexual anatomy and physiology. Emphasizes the need for teenagers to be accurately informed about sexuality. Also explores some of our society's attitudes toward sexuality.

And They Lived Happily Ever After: Understanding Teenage Marriage. Producer/Distributor: Guidance Associates, 1981, 4 Filmstrips, 4 Cassettes, $159.50, Grade Level: 10-12.

Describes the special problems of teenage marriages. Highlights the experience of one woman who married as a teenager. She describes what happened, how she changed, how she coped, where she's headed, and what she thinks as she looks back on her life.

As Others See You: Creating a Reputation. Producer/Distributor: Sunburst Communications, 1981, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Shows how reputations are acquired and the impact they can have on one's schoolwork, social life, and self esteem. Identifies the positive and negative aspects of labeling. Discusses ways to establish or change one's reputation.

Becoming an Adult: Psychological Tasks of Adolescence. Producer: Human Relations Media. Distributor: Media Fair, Inc., 1977, 3 Filmstrips, 3 Cassettes, $99, Grade Level: 10-12.

Each section of this three-part program identifies a critical life task that is important to the transition from adolescence to adulthood. The first filmstrip, "Achieving Sexual Maturity," discusses the physical and emotional changes that occur during puberty. Part two, "Developing Independence," focuses on the adolescent's need to separate from parents. Part three, "Establishing a Personal Identity," identifies the quest for identity as the most important task of adolescence. Due to the technical language, this filmstrip is probably most appropriate for educated parents, professionals, and bright high school students.

Contraception: A Matter of Choice. Producer: Audio Visual Narrative Arts. Distributor: Media Fair, Inc., 1974, 2 Filmstrips, 2 Cassettes, $63.25, Grade Level: 8-12.

Traces the history of people's efforts to control fertility. Summarizes state laws governing birth control, and describes and evaluates medically accepted means of contraception. Information is somewhat outdated.

Dating: Coping With the Pressures. Producer/Distributor: Sunburst Communications, 1981, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Examines the pressures today's teenagers face in dating. Focuses on role stereotyping, the double standard, sexual activity, drug use, and parental attitudes.

Do I Want to Be a Parent? Now? Ever? Producer/Distributor: Sunburst Communications, 1980, 2 Filmstrips, 2 Cassettes, $99, Grade Level: 7-12.

This two-part audiovisual program examines the emotional and intellectual advantages and disadvantages of becoming a parent in today's society. Part one shows how changing lifestyles, family patterns, and financial considerations have encouraged many people to view parenthood as a personal choice rather than a cultural necessity. Part two uses interviews to dramatize the diverse viewpoints about the decision to have or not have children.

Feeling Good about Yourself: How to Build Self-Confidence. Producer: The Center For Humanities. Distributor: Guidance Associates, 1978, 4 Filmstrips, 4 Cassettes, $159.50, Grade Level: 7-12.

Uses scenarios to address sensitive problems related to adolescent fears and confusions. Each vignette touches upon issues that sometimes undermine self-confidence in teenagers such as changing needs and desires, peer pressure, and close parental supervision.

Four Pregnant Teenagers: Four Different Decisions. Producer/Distributor: Sunburst Communications, 1983, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Poignant vignettes dramatize the difficult decisions that pregnant teenagers face. Encourages adolescents to weigh the emotional, ethical, and financial consequences involved in each of the four options available to the pregnant teenager: adoption, marriage, single parenthood, and abortion.

The Future of the Family. Producer/Distributor: Guidance Associates, 1972, 2 Filmstrips, $79.50, Grade Level: 10-12.

Examines past and present trends in family living and project them into the future. Discusses nuclear and extended families, and cluster and communal living. Also considers forces affecting the family such as women's liberation, overpopulation, and aspects of urban and suburban life.

The Gentle Art of Saying No: Assertiveness Training. Producer/Distributor: Sunburst Communications, 1979, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Outlines three basic rules and practical techniques that will help young people become more assertive. A series of role playing exercises encourage the student to apply these principles to practical situations.

Getting It Together Is Life Itself. Producer/Distributor: Educational Activities, Inc., 1978, 1 Filmstrip, 1 Cassette, $17.50, Grade Level: 7-12.

Focuses on students' real problems and presents some possible solutions. Sol Gordon provokes electric, thoughtful "raps" that help students "get themselves together."

Getting Through the Bad Times: Teenage Crises. Producer/Distributor: Sunburst Communications, 1980, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Presents a step-by-step self-help technique for coping with emotional crises. Through the use of unresolved dilemmas, viewers can be assisted in practicing the "crisis technique" as well as exploring possible solutions to crises.

Girls and Boys: Rights and Roles. Producer/Distributor: Guidance Associates, 1976, 2 Filmstrips, 2 Cassettes, $59.50, Grade Level: 7-9.

Presents several dilemmas which revolve around issues of fairness in boy-girl relationships. The dilemmas are unresolved so that the class or group can discuss relevant issues and decide on an outcome. Considered excellent by many sexuality educators.

Herpes: Facing the Realities. Producer/Distributor: Sunburst Communications, 1983, 1 Filmstrip, 1 Cassette, $49, Grade Level: 9-12.

Presents the latest medical thinking on genital herpes. Acknowledges the difficulties associated with the disease, but shows that outbreaks can be controlled, assuring victims a near-normal sex life.

"Herpie": The New VD Around Town (Revised Edition). Producer: Media Fair, Inc. Distributor: Sunburst Communications, 1983, 1 Filmstrip, 1 Cassette, $49, Grade Level: 7-12.

In a creative manner, this animated filmstrip provides preventive education related to Herpes Simplex Virus Type II. An informative exchange takes place between Herpie and a health educator, providing sensible answers to many of the commonly asked questions.

The Hidden Minority: Homosexuality in Our Society. Producer/Distributor: Guidance Associates, 1979, 2 Filmstrips, 2 Cassettes, $79.50, Grade Level: 7-12.

Documentary interviews and on-location photography present an objective, balanced picture of attitudes and conflicts surrounding homosexuality in America. Compares attitudes toward homosexuality in our culture to those in other societies. Dispels myths about homosexuality. Considered excellent by many sexuality educators.

His Baby, Too: Problems of Teenage Pregnancy. Producer/Distributor: Sunburst Communications, 1980, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Focuses on the rights and responsibilities as well as the legal and moral obligations of the young father-to-be. The case studies presented are an effective vehicle for exploring the options available to teenage couples facing an unplanned pregnancy. Poses open ended questions that successfully involve the viewer in making difficult decisions. Part three explores the legal rights of fathers regarding adoption, marriage, child support, and visitation. Well done.

Homosexuality: Thursday's Child. Producer: Audio Visual Narrative Arts. Distributor: Media Fair, Inc., 1974, 2 Filmstrips, 2 Cassettes, $63.25, Grade Level: 9-12.

Depicts interviews with gays who speak spontaneously about their feelings and changing concepts of themselves in a predominantly heterosexual society. The Gay Rights Movement is cited as a reason for increased societal acceptance of homosexuality in recent years.

How Can You Tell If You're Really in Love? Producer/Distributor: Educational Activities, Inc., 1979, 1 Filmstrip, 1 Cassette, $17.50, Grade Level: 7-12.

Dr. Sol Gordon defines mature and immature love, discusses the elements of successful relationships, and urges clarification of values to avoid damaging involvements. He shows the way to find the answer to the title's question.

How To Make Good Decisions. Producer/Distributor: Sunburst Communications, 1983, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Helps teenagers develop the decisionmaking skills to help them take control of their lives. Depicts several typical situations that call for the decisionmaking process.

Human Development: Dilemmas of Six Adolescents. Producer/Distributor: Concept Media, 1978, 6 Filmstrips, 6 Cassettes, $270, Grade Level: 9-12.

1) "I Didn't Think It Could Happen to Me"
2) "Thank God It's Only Booze"
3) "That Is Why I'm Overweight"
4) "Sometimes I'd Rather Be Alone"
5) "For the Sake of the Children"
6) "I'm On the Run"

Sensitively explores six contemporary dilemmas of adolescents: pregnancy, alcohol abuse, body image and self-concept, loneliness, separation and divorce, and running away.

Human Reproduction: What You Should Know. Producer/Distributor: Guidance Associates, 1982, 4 Filmstrips, 4 Cassettes, $159.50, Grade Level: 7-12.

Uses specially commissioned diagrams and art work to explain the anatomy and physiology of the male and female reproductive systems. Gives detailed information about fertilization and prenatal development. Shows actual photography of the fetus in the uterus.

Human Sexuality: The Lifelong Experience. Producer/Distributor: Sunburst Communications, 1982, 2 Filmstrips, 2 Cassettes, $99, Grade Level: 10-12.

Offers a broad definition of human sexuality. Stresses the central role that sexuality plays in everyone's life from birth to death.

Inside My Mom. Producer/Distributor: National Foundation/March of Dimes, 1975, 1 Filmstrip or 35mm Slides with 1 Cassette, $10, Grade Level: 7-12.

This informative cartoon presents the concept that good nutrition is a basic element of life and is necessary for optimum prenatal development.

Invisible Minority: The Homosexuals In Our Society. Producer/Distributor: Unitarian Universalist Church, 1972, 3 Filmstrips, 3 Records, $18, Grade Level: 7-12.

Part I traces society's attitudes toward homosexuality from the early 1900's to the present; Part II discusses prevalent myths and misinformation about homosexuals; Part III, a resource supplement, answers the most frequently asked questions about homosexuality.

Kids Who Have Kids Are Kidding Themselves. Producer/Distributor: Educational Activities, Inc., 1979, 1 Filmstrip, 1 Cassette, 1 Book, Color, $18.50, Grade Level: 7-12.

Includes statistics about teenage pregnancies designed to help students see this event in its true light. Dr. Sol Gordon has found that teen audiences are not turned off when he says, "The best oral contraceptive is no!" Includes the illustrated book, "You Would If You Loved Me."

Linkletter on Love, Sex, and Values. Producer/Distributor: Marshfilm, 1983, 4 Filmstrips, 4 Cassettes, $106, Grade Level: 7-12.

1) "Choice: An Individual Responsibility"
2) "Love: Real or Romance"
3) "Chastity: It's Okay to Say No"
4) "Pregnancy: It's Easy to Have a Baby, But Hard to Raise a Child"

Art Linkletter narrates these four filmstrips on decisionmaking, love, and adolescent sexuality. Very well done.

Me Power: Building Self-Confidence. Producer/Distributor: Sunburst Communications, 1983, 2 Filmstrips, 2 Cassettes, $99, Grade Level: 7-12.

Traces the development of self-confidence. Outlines steps that teenagers can take to build their self-confidence.

More Than Love. Producer: Glenn Educational Films, Inc. Distributor: National Foundation/March of Dimes, 1968, 1 Filmstrip, $30, Grade Level: 9-12.

Emphasizes that having a baby is a serious decision and that getting prenatal care is important. Also discusses and illustrates congenital birth defects.

OK to Say No: The Case for Waiting. Producer/Distributor: Sunburst Communications, 1980, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

The approach of this filmstrip is exceptional in that it uses the stories of three teenagers to present the case for abstinence as a valid sexual option. Points out that "everybody" is not doing it, thus providing support to teenagers who are not yet having sex and are interested in waiting. Well done.

Parenthood: Myths and Realities. Producer/Distributor: Guidance Associates, 1976, 2 Filmstrips, $79.50, Grade Level: 10-12.

Examines common romantic misconceptions about parental "instincts," responsibilities and rewards. Emphasizes respect for the individuality of parent and child; discusses child development, marital life, family interaction, and healthy parental attitudes.

The Physical Me. Producer/Distributor: Nystrom, 6 Cassettes, Duplicator Masters, Idea Cards, Teachers' Guide, $150, Grade Level: 7-12.

Designed to accompany the advanced human torso model by Nystrom. It helps develop the student's awareness and knowledge of the structures of the body.

Preparation for Parenthood. Producer/Distributor: Media Fair, Inc., 1975, 3 Filmstrips, 3 Cassettes, $99, Grade Level: 9-12.

Explores the traditional concept of parenthood and the societal changes that have affected today's parent-child relationships. Identifies qualities that lead to effective parenting and urges students to consider the responsibilities and rewards of rearing children.

Reexamining Sex Roles: Evolution or Revolution. Producer: Harper & Row. Distributor: Media Fair, Inc., 1976, 6 Filmstrips, 6 Cassettes, $149, Grade Level: 7-12.

This six-part program provides a comprehensive study of the continuing change in traditionally accepted sex roles and the impact of these changes on the individual and society.

The Right To Life. Producer/Distributor: Current Affairs Films, 1976, 15 min., Color, 1 Filmstrip, 1 Cassette, Grade Level: 7-12.

Intended to present both sides of the abortion question in an objective manner. Highlights the pros and cons of abortion, providing an opportunity for the viewer to discuss the issue and to form a basis for personal judgments.

Sexual Myths and Facts. Producer/Distributor: Sunburst Communications, 1982, 2 Filmstrips, 2 Cassettes, $99, Grade Level: 7-12.

Dispels many popular sexual myths. In realistic vignettes, portrays teenagers discussing their beliefs, concerns, and attitudes concerning sexuality. A clinic counselor clarifies information about sexually transmitted disease.

Sexual Values: A Matter of Responsibility. Producer/Distributor: Sunburst Communications, 1978, 2 Filmstrips, 2 Cassettes, $99, Grade Level: 9-12.

Examines sexual values, sexual responsibility, and decision making. Part one stresses the importance of knowing one's own attitudes, beliefs, and expectations in identifying one's sexual values. Part two discusses the responsibilities involved in sexual relationships and outlines the possible physical and emotional consequences of sexual behavior. Sophisticated presentation of these issues. Early adolescents who are less capable of abstract reasoning may have a difficult time with this program.

Sexually Transmitted Diseases: An Update. Producer/Distributor: Sunburst Communications, 1981, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Stresses prevention and treatment of sexually transmitted diseases. (Animated.)

Teenage Birth Control: Why Doesn't it Work? Producer/Distributor: Sunburst Communications, 1980, 2 Filmstrips, 2 Cassettes, Color, $99, Grade Level: 7-12.

Clarifies the emotional and psychological reasons that many teenagers take chances with unprotected sexual intercourse. In part one, Janie believes that she is pregnant. She regrets not having used birth control and remembers some of the reasons for her irresponsible behavior. Janie considers six of the most common reasons teenagers cite for failing to use birth control, pointing out the inherent fallacies of each. When Janie finds out that she is not pregnant, she and her boyfriend seek information about contraception from a counselor. Up-to-date information about each method is presented. Well done.

Teenage Pregnancy and Prevention. Producer/Distributor: Sunburst Communications, 1978, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 9-12.

Examines the reasons behind the growing problem of teenage pregnancy. Sensitively explores the emotional, social, and financial difficulties facing pregnant teenagers and their partners. Part one, "The Problem," uses accurate statistics to underscore the scope of the problem. "The Choices," part two, illustrates the difficult choices that teenagers must make and the resources available to them. In the last part, "Solutions," the preventive measures of abstinence and contraception are discussed. Good overview of the issues.

Teenage Sex: How to Set Limits. Producer/Distributor: Sunburst Communications, 1982, 3 Filmstrips, 3 Cassettes, $139, Grade Level: 7-12.

Designed to help adolescents resist pressure to be sexually active. Adapts principles of assertiveness training to general and specific sexual situations.

Understanding Human Reproduction. Producer/Distributor: Guidance Associates, 1972 (Revised), 2 Filmstrips, 2 Cassettes, $79.50, Grade Level: 6-12.

Gives a detailed presentation of the male and female reproductive systems. Also discusses conception, the stages of pregnancy, and birth. Includes a discussion of multiple births and delivery alternatives, including Caesarean Section.

Values For Dating. Producer/Distributor: Sunburst Communications, 1974, 4 Filmstrips, 4 Cassettes, $159, Grade Level: 7-12.

Suggests that widely different approaches to love and sex are possible, with no one approach necessarily being "right."

When Abortion Is the Choice. Producer/Distributor: Alternatives, Inc., 1980, Slide-Tape Presentation, Grade Level: 7-12.

This twelve-minute presentation was designed for use in community education programs. Explores the first trimester abortion experience as one option available to a woman who faces an unplanned pregnancy.

Who Can Help You? Using School and Community Resources. Producer/Distributor: Guidance Associates, 1974, 2 Filmstrips, 2 Cassettes, $79.50, Grade Level: 7-12.

Explores, through the use of vignettes, a variety of needs that adolescents have and where they can go for assistance in meeting these needs. For example, a young man with a personal problem seeks help from the school counselor who then refers him to a therapist at a low-cost clinic. Another vignette explores sources of help in an emergency situation. Teachers can use the filmstrips as a vehicle for getting students to identify reproductive health and counseling resources in their community. (Racially mixed characters.)

Who You Are and What You Are: Understanding Sex Roles. Producer/Distributor: Guidance Associates, 1982, 4 Filmstrips, 4 Cassettes, $159.50, Grade Level: 7-12.

Explores changing sex roles in America. Investigates the influence of these changing roles on male/female relationships, careers, and marriage. Supports the acceptability of nontraditional sex roles.

Working it Out. Producer/Distributor: Perennial Education, Inc., 1983, 1 Filmstrip, 1 Cassette, $42, Grade Level: 7-10.

Focuses primarily on decisionmaking regarding sexuality issues. Also addresses the issues of friendship, self-image, and the process of "growing up."

Young, Single and Pregnant: A New Perspective. Producer/Distributor: Guidance Associates, 1982, 4 Filmstrips, 4 Cassettes, $159.50, Grade Level: 10-12.

Cites statistics on teenage pregnancy in America. Offers several different case histories to show the problems related to teenage sexuality and pregnancy. Gives information on contraception. Explores the options available to a pregnant teenager.

Young, Pregnant and Alone. Producer/Distributor: Motorola Teleprograms, Inc., 1977, 2 Filmstrips, 2 Cassettes, $75, Grade Level: 9-12.

Focuses on teenage girls who have become pregnant and choose to have their babies. Does not discuss abortion as an option. Portrays the experience of pregnancy and birth through the accounts of four young women, two White and two Black. Two of the girls decide to place their babies for adoption; the other two decide to raise their children.

You Would If You Loved Me. Producer/Distributor: Guidance Associates, 1981, 4 Filmstrips, 4 Cassettes, $159.50, Grade Level: 9-12.

Addresses critical questions about sexuality that young people often encounter. Differentiates between love and infatuation. Discusses common lines that teenagers use on each other.

CURRICULA

Benesch J., Kapp, J., & Peloquin, L. Teaching Materials and Strategies. Washington, DC: Sex Education Coalition, 1981, 125 pp., $15.

Designed for junior and senior high family life education teachers in Washington, D.C. Offers clear instructions for conducting learning activities on a variety of topics: anatomy and physiology, self esteem and decision making, sex roles, relationships, contraception, sexually transmitted diseases (STD), sexual assault, pregnancy, and parenting. Compact, inexpensive, and easy to follow. Intended for urban populations, but would be helpful to any educator.

Bignell, S. Sex Education: Teacher's Guide and Resource Manual. Santa Cruz, CA: Network Publications, 1982, 275 pp., $20.

Provides background information and teaching techniques for the following topics: reproductive and sexual anatomy and physiology, pregnancy and birth, homosexuality, pregnancy alternatives, and sexually transmitted diseases. Section on teaching techniques includes activities such as films, discussion, incomplete sentences, brainstorming, advantages vs. disadvantages, question cards, and others. Also includes film guides and bibliographies. Considered an excellent resource by sexuality educators.

Bignell, S. (Ed.) Family Life Education: Curriculum Guide. Santa Cruz, CA: Network Publications, 1980, 395 pp., $20.

Designed to serve as a model for teachers setting up programs at the secondary level. It presents specific 10-session models for programs at both the junior and senior high school levels. Presents excellent teaching techniques and activities.

Bosch, K. Changes and Choices: Human Growth and Development for Classroom Use. Northampton, MA: Family Planning Council of Western Massachusetts, 1982, 107 pp., $12.

Outlines 14 family life education sessions for 4th and 5th grade students. Includes suggestions for journal assignments and homework with parents.

Brown, J., et. al. Sexuality Education: A Curriculum For Parent/Child Programs. Santa Cruz, CA: Network Publications, 1984, 203 pp., $20.

A revised and expanded version of Parent-Child Sex Education: A Training Module. Based on the highly praised parent-child family life education program developed at the Family Guidance Center in St. Joseph, Missouri.

Burt, J.J., & Meeks, L.B. Education for Sexuality: Concepts and Programs for Teaching (Second Edition). Philadelphia: W.B. Saunders Co., 1975, 537 pp., $13.95.

Originally considered the sex educators' handbook, although some educators consider it confusing to follow. The first half of the book provides knowledge of the biological aspects of human sexuality. Provides a considerable amount of complex information, some of which (e.g., contraception) is out of date. The second half consists of an actual curriculum for grades 1-12. The elementary school curriculum is comprehensive and supports conservative values. Includes a presentation of the sexual response cycle as reported by Masters and Johnson. Includes a "Glossary of Terms" and an "Atlas of Teaching Illustrations," a collection of 106 clear, reproducible drawings. A third edition will be released in 1984.

Cavanaugh, M. When I Grow Up: Structured Experiences For Expanding Male and Female Roles. Atlanta: Humanics, Ltd., 1979, $14.95.

A guide to helping children and adolescents eliminate sex role stereotyping. Volume I deals with grades pre-K through 8; Volume II focuses on grades 9-12. Incorporates topics such as family life, career education, and science. Each activity includes a list of objectives, appropriate grade level, materials needed, time required, and an extensive procedural description.

Comprehensive Health Education Foundation. Miraculous Me. Seattle, 1982, 244 pp., $7.60.

Provides activities to help elementary school teachers deal with the topics of self esteem and relationships with others. Contains five units that can be integrated into a standard curriculum throughout the school year. Recommends a straightforward approach to teaching that is not always sensitive to cultural differences that exist in most classrooms. Teachers should review activities carefully.

Cook, A.T. & Wilson, P.M. Practical Approaches to Sexuality Education Programs: Preadolescents, Adolescents, Parents, and Mentally Retarded Persons. Washington, DC: Sex Education Coalition, 1982, 70 pp., $6.50.

Offers very practical, mini-guides to conducting family life education programs with four different populations. Each section gives a program rationale, basic lesson plan, special considerations, and selected resources.

Cooperman, C., & Rhoades, C. New Methods for Puberty Education: Grades 4-9. Morristown, NJ: Planned Parenthood of Northwest New Jersey, 1983, 176 pp., $23.

Outlines lesson plans for the following topics: physical and emotional changes of puberty, body image and self esteem, and relationships. Includes a plan for an evening program for parents.

DeSpelder, L.A. & Strickland, A.L. Family Life Education: Resources for the Elementary Classroom: Grades 4, 5 & 6. Santa Cruz, CA: Network Publications, 1982, 338 pp., $20.

A comprehensive collection of family life education activities pertaining to five topic areas: self, family, friends, body, and decisions. Includes many new kinds of activities for elementary school aged children.

Dodds, J.M. Human Sexuality: A Curriculum For Teens. Rochester, NY: Planned Parenthood of Rochester, 1980, $20.

A comprehensive curriculum which focuses on the following topics: sexuality/roles, anatomy, pregnancy, pregnancy/birth, sexually transmitted diseases, responsibility, contraception, relationships, sexual response, parenting, unplanned pregnancy, homosexuality and sexual assault. Each unit includes an introduction, background information, activities, resources, and a test or evaluation. The session on sexual response may be too controversial for some school districts. Author recommends choosing activities that will be most relevant to individual classes and acceptable to parents.

Dodds, J.M. Human Sexuality: A Curriculum For Pre-teens. Rochester, NY: Planned Parenthood of Rochester, 1980, $15.

Designed to be used with students in grades five through eight. Contains a decription of twelve suggested units on sexuality and sex roles, puberty, facts about girls, facts about boys, families, pregnancy, birth and babies, family planning, problems, decisions about relationships, sex and the law, and myths, rumors, and stories. Each unit contains an introduction, background information, activities, resources, and a test or evaluation.

Education Development Center. Starting a Healthy Family. Newton, MA, 1979, $75.

A parenthood education program which can be integrated into classes for health, home economics, life planning, biology or social studies. The complete set comes with student booklets, 11 cassette tapes, 1 filmstrip, 1 teacher's guide, 4 posters, a leader's guide for parent seminars on adolescent sexuality, and 1 parent's packet. Materials can be purchased individually. Order from March of Dimes.

ETR Associates Training Staff. Beyond Reproduction. Santa Cruz, CA: Network Publications, 1983, 16 pp., $2.50.

A concise and practical guide to the successful teaching of more sensitive issues in sexuality education.

Fay, J. & Umbel, M.G. Human Development Series: A Sexuality Education Program For Adolescents. York, PA: Planned Parenthood of Central Pennsylvania, 1983 (Second edition), 74 pp., $13.95.

Designed for use with adolescents. Outlines 18 sessions on a variety of sexuality issues. Activities are clearly described.

Girls Club of Omaha. Cat and Mouse. Omaha, NB, 1983, $6.50.

A guide for conducting a self-protection program for young children. Identifies objectives, materials needed, and activity directions. Includes bibliographies and evaluation materials.

Hicks, J. (Ed.). Discussion Guide on Human Sexuality. Atlanta: Atlanta Grady Memorial Hospital, n.d., $5.

Provides a brief outline for teaching the following units: "Maturation and Hygiene," "Anatomy and Physiology of the Reproductive System," "Becoming a Parent," "Family Planning," "VD" and "Decision Making." Each unit contains pointers for the leader and includes a list of audiovisuals and suggested references which might enhance the group's understanding of the material. Provides goals and objectives, vocabulary words, and an excellent outline for suggested content for each unit.

Howard, M. Postponing Sexual Involvement: An Educational Series For Young People. Atlanta: Grady Memorial Hospital, 1983, $40.

Designed to teach young teenagers how to say "no" to sexual behavior. Presents information regarding the general nature of relationships and sources of societal pressure influencing sexual behavior. Teaches assertive responses which teens can use in peer pressure situations. Consists of four 90-minute sessions.

Jenkins, D. Curriculum Guide for a Course in Human Sexuality. Pamona, CA: Pamona Education Center Unified School District, 1979, 105 pp., $4.

The first half of this guide presents lesson plans for 25 sessions on such topics as "Reaching Biological Maturity," "Menstruation and Nocturnal Emissions," "Masturbation," "Contraception," "Decision Making," etc. Each lesson plan includes goal statements, content outlines, activities, evaluation, and materials needed. A good number of the books, films, and filmstrips that are listed are outdated or inferior. However, the appendix includes useful items such as a sample parent consent form, diagrams of the reproductive systems, tests for many units, and a well designed values exercise on homosexuality.

Mattox, B. Getting it Together: Dilemmas for the Classroom. La Mesa, CA: Pennant Press, 1975, 174 pp., $5.55.

Provides educators with simple activities that may encourage students of all ages to improve their skills in moral decision making. Based on the four stages of moral development as described by Dr. Lawrence Kohlberg. Outlines real life dilemmas based on every day living that students can either roleplay or discuss. The dilemmas are divided into primary level, elementary level, and junior and senior high school levels.

Morrison, E.S., & Price, M.U. Values in Sexuality: A New Approach to Sex Education. New York: Hart Publishing Company, 1974, 219 pp., $5.95.

Applies values clarification theory to issues in human sexuality. The introduction includes a good definition of human sexuality as well as a framework for communication within this topic area. Many of the strategies have to be adapted for use with adolescent groups.

Petrich, B., & McDermott, B. Intimacy Is for Everyone: Sex Educator's Guide To Teaching Intimacy Skills, Santa Barbara, CA: Planned Parenthood of Santa Barbara, 1983, 282 pp., $18.

Based on a program conducted with institutionalized adolescents. Promotes the value that sexuality is more than intercourse in that it incorporates love, relationships, and our expression of ourselves as men and women. Includes special sections on heartache, hopelessness, and overcoming fear.

Planned Parenthood Center of Memphis. Family Life Education: A Problem-Solving Curriculum for Adolescents (Ages 15-19). 1980, 181 pp., $18.

Designed specifically for use with five trigger films also developed by Planned Parenthood of Memphis. Contains a variety of activities that involve the use of the films. Includes other exercises that explore relationships with parents and peers, sexual identity, marriage and parenthood, and other health issues.

Planned Parenthood Center of Memphis. In Between: A Family Life Education Curriculum For Early Adolescents (Ages 10-14). 1981, 115 pp., $18.

A collection of curriculum activities for young adolescents. Emphasizes a decisionmaking approach to helping preadolescents deal with the new privileges and problems associated with reaching puberty. Designed especially for use with a trigger film package also entitled In Between

Planned Parenthood of Southeastern Pennsylvania. We're Not Just Talking Sex...A Leader's Guide For Teen Sex Education. 1983, 130 pp., $14.95.

Outlines three programs which can be conducted independently or together. Topics include health care for teens; values, decisionmaking, and sexuality; and relationships. Gives information on group facilitation, teaching methods, and resources.

Planned Parenthood of Southeastern Pennsylvania. To Be A Leader: Skills in Group Leadership For Teenagers. 1983, 34 pp., $4.55.

Offers practical suggestions to teen leaders for conducting sessions on the topic of sexuality. Written by a teen advisory committee and the education department of Planned Parenthood.

Schniedewind, N., & Davidson, E. Open Minds to Equality: A Sourcebook of Learning Activities to Promote Race, Sex, Class, and Age Equality. Englewood Cliffs, NJ: Prentice Hall, Inc., 1983, 273 pp., $16.95.

An innovative curriculum for educators who are interested in creating and maintaining an egalitarian program or classroom. Contains ten chapters which are full of learning activities that can be incorporated into any of the following classes: math, reading, language arts, health, communication, science, social studies, or art. Most activities contain helpful tidbits of information such as statistics and clever quotes. Includes a comprehensive annotated bibliography.

Schultz, J.B. The Decision to Parent. Ames, IA: Iowa State University Press, 1981, 170 pp., $8.50.

Aimed at two teaching goals: to help the student appraise the variety of responsibilities involved in being a parent, and utilize the decisionmaking process to determine if and when parenthood is the best option.

Schultz, J.B. Sexuality and the Adolescent: A Teaching Guide. Ames, IA: Iowa State University Press, 1981, 260 pp., $15.95.

Focuses on three major subject areas: self esteem, relationships, and the stages of pregnancy. Each of the units deals with many other topics and skills such as effective communication and decisionmaking.

Sofferin, P., Elder, L., Overton, J., Towns, B., & Desonier, L. Lifestyles. Pensacola, FL: Community Mental Health Center of Escambia County, Inc., 1979, 292 pp., $75. (Additional copies can be ordered at a discount.)

For each of eleven units beginning with an orientation session, the program outlines goals and objectives, optional exercises, overhead transparencies, suggested discussion questions, and pre and posttests. Also includes brief fact sheets for most topics, and film sheets which include suggestions for discussion and purchasing information. Unit topics include "Decision Making," "Exploring Relationships," "Adolescent Parenthood" and "The Price You Pay as a Parent." Many of the exercises in the parenting units encourage teens to consider more realistically the financial and emotional expense of being a parent.

Stanford, B., & Stanford, G. Roles and Relationships: A Practical Guide to Teaching about Masculinity and Femininity. New York: Bantam Books, 1976, 88 pp., $1.75.

Describes ideas for incorporating units on sex roles and sexuality into courses such as language arts, social studies, science, and family living and sex education. The majority of the text is an actual curriculum for teaching the following topic areas: "Sex and Identity," "Myths and Social Pressures," "Homosexuality," "Sex Roles and Jobs," and "Relationships." Provides little factual knowledge. Lists readings that offer factual information as well as novels that depict a wide variety of gender roles and relationships. Special attention is given to how Black men and women are depicted in literature and the effects of discrimination on gender role identity and relationships.

Thompson, D. As Boys Become Men: Learning New Male Roles. Denver: Institute for Equality in Education, 1980, 72 pp., $2.50.

Activities for junior and senior high school students which attempt to expand students' attitudes about male roles and masculinity.

U.S. Department of Health, Education, and Welfare. A Decision-Making Approach to Sex Education: A Curriculum Guide and Implementation Manual for a Model Program with Adolescents and Parents. Rockville, MD: National Clearinghouse for Family Planning Information, 1979, 296 pp., Single copy free.

Developed by Planned Parenthood of Alameda - San Francisco. The target population for the manual is "youth leaders already experienced and comfortable working with adolescents and parents in group settings but not necessarily professionals or experts in family planning or sex education." Included in the manual are guidelines for getting a program started (e.g., building community support), facts about adolescent sexuality, general tips for group leadership, and detailed models for a ten-session adolescent sex education program and parent sex education program. Also includes a detailed model for providing approximately twenty hours of staff training. The manual ends with a brief chapter on evaluation.

Watson, A., & Haffner, D. Implementing a Young Men's Sexuality Education Program: A How-to Guide. Washington, DC: Planned Parenthood of Metropolitan Washington, 1982, $2.50.

Provides suggestions, ideas, and activities on developing innovative sexuality education programs for young men. Based on a curriculum initially developed for Big Brothers of the National Capital Area.

Wilson, P. & Kirby, D. Sexuality Education: A Curriculum For Adolescents. Santa Cruz, CA: Network Publications, 1984, 352 pp., $20.

A comprehensive curriculum based on the semester-long nationally acclaimed programs at Council Rock High School in Newtown, Pennsylvania; University City High School in St. Louis, Missouri; and George Mason High School in Falls Church, Virginia. Consists of 11 units, each of which has a statement of goals and objectives, an overview of the unit contents, activity descriptions, lecture notes, and handouts.

CHARTS, MODELS AND GAMES

Adam C. S. Teaching Model, Producer/Distributor: OMNI Education, 1 model, $230, Grade Level: 7-12.

This lifelike simulation of the male genitalia includes interchangeable flaccid and erect penises and seven interchangeable scrotal sacs for use in family planning counseling and training.

Advanced Human Torso Model, Producer/Distributor: Nystrom, Torso, $1630, Grade Level: 10-12.

A detailed, life-size model with 26 removable parts and 604 coded structures that can be obtained in Black or White flesh tones. The sex of the torso can be changed by switching the reproductive organs.

Betsi, Producer/Distributor: OMNI Education, 1 model, $130, Grade Level: 7-12.

A model for teaching breast examination. Includes professional teaching kits. Programmed breast masses which can be palpated for tumors are available.

Birth Models, Basic Set, Producer/Distributor: Denoyer Geppert, 3 models, $118, Grade Level: 7-12.

These models show the key stages of birth development. One model shows an embryo soon after conception; a second shows a 7-month fetus almost fully developed. The third model shows the fetal development of twins. Fetus models are removable and come with a key which identifies the components.

Birth Series Models, Producer/Distributor: Cleveland Health Education Museum, 6 models, $110, Grade Level: 7-12.

A series of three-dimensional, life-size models depicting the birth process.

Effie Dolls, Producer/Distributor: Mrs. Judith Franing, 4812 - 48th Avenue, Moline, IL, 61265, 2 dolls, $35, Grade Level: 7-12.

Two rag dolls (male and female) complete with genitalia. The female doll is pregnant. The birth process can be shown as the doll is complete with umbilical cord and placental attachment. Includes a sanitary napkin to use for instruction on how to wear and change a sanitary napkin.

Family Life and Sex Education Charts, Producer/Distributor: Denoyer Geppert, 11 Charts, $19 each, from $129/set, Grade Level: 7-12.

Presents the basic topics for family life and sex education programs: reproductive organs, menstruation, fertilization, glands and hormones, genetics, and venereal disease.

Female Pelvic Model, Producer/Distributor: Pathfinder Fund, 1 model, $75, Grade Level: 7-12.

This plastic model of the female internal reproductive organs and adnexa allows diaphragm fitting, IUD insertion, visualization of correct placement of speculum, and use of tenaculum and sound.

Female Pelvic Organs, Producer/Distributor: Tampax, Inc., 1 chart, no charge, Grade Level: 7-12.

A 17" X 22" wall poster of the female pelvic organs.

Female Pelvis, Producer/Distributor: Spenco, 1 model, $39.50, Grade Level: 6-12.

A color model of the female pelvis comes with its own stand. Illustrates normal anatomy on one side and diseases of the pelvis on the reverse side. Includes an audio-cassette and booklet.

Female Pelvis Model, Producer/Distributor: Denoyer Geppert, 1 model, $177, Grade Level: 7-12.

A color model of the female pelvis is mounted on a plaque and molded in three dimensions, with removable sections.

Human Development Models, Producer/Distributor: Nystrom, 1970, Set of 5 prenatal models, $239, Grade Level: 7-12.

Provides five models of various stages of fetal development. They are life-size and realistic. The set includes a teacher's guide and carrying case. It is highly recommended.

Humanopoly: The Facts of Life Game, Producer: Carol Wells. Distributor: Center for Sexual Communication, board game, $15.

A colorful board game which provides information on sexuality. Players travel along a pathway that represents the fallopian tube. The goal is to be the first person to cause fertilization to occur. Along the way, players learn facts and concepts as they land on "fact" or "love" spaces and read the corresponding cards. The manufacturer recommends that parents and children play the game together.

Life Size Instructional Charts Kit, Producer/Distributor: Planned Parenthood of Minnesota, Inc., 2 charts with inserts and carrying case, $55, Grade Level: 7-12.

This kit, containing a chart of a male figure and one of a female, includes four overlays for the male and six for the female demonstrating various aspects of sexual physiology.

Lindi, Producer/Distributor: CMNI Education, 1 model, $20, Grade Level: 7-12.

This portable plastic model is a 3-dimensional teaching tool for female reproductive anatomy and physiology. It can be used to demonstrate the Pap smear procedure, and insertion of diaphragm, foam, and IUD.

Male Pelvis, Producer/Distributor: Spenco, 1 model, $39.50, Grade Level: 6-12.

This is a 12" X 16" plastic model of the male pelvis that comes with a stand. Normal anatomy is illustrated on one side and diseases are shown on the reverse side. Includes an audio-cassette and booklet.

Methods of Birth Control, Producer/Distributor: Spenco, Folding Chart, Grade Level: 7-12.

This 22" X 56" folding chart of the methods of birth control comes with 100 mini-texts. Additional texts are available at a small fee.

Methods of Contraception, Producer/Distributor: Planned Parenthood Federation of America, 18" X 24" flipchart, $25 plus $4 handling, Grade Level: 7-12.

This flipchart portrays the male and female reproductive anatomy and the current methods of birth control. A smaller 11" X 16" version is available in Spanish and English for $15 plus $3 handling. A free copy of each flip chart is available to Title X agencies from the National Clearinghouse for Family Planning Information.

Myth-Information! Producer: Jacqueline Reubens, Distributor: Family Life Publications, 100 myth cards, score cards, manual, $8.95, Grade Level: 7-12.

A widely used sexuality education game which helps dispel common myths that are held by young people. Consists of 100 cards which contain statements that are either fact or myth. The group leader can arrange a friendly competition between two teams which take turns reading a card and judging it to be fact or myth. The team that gets the most answers right wins. Some of the statements on the cards are inappropriate for junior and senior high school students. The group leader should review each statement carefully in order to determine its appropriateness for use with a particular group of students.

Pelvic Models, Producer/Distributor: Jim Jackson, various pelvic models, $100 each, Grade Level: 8-12.

A variety of soft flexible models are represented in this collection. Includes a vaginal model with uterus, a vulva model, an erect penis model, a flaccid penis model, and a vasectomy/prostate model. Each comes with realistic pubic hair in White and Black flesh tones.

Pregnancy Parts Model, Producer/Distributor: Denoyer Geppert, 1 model with 4 removable parts and stand, $121, Grade Level: 7-12.

Includes a two-part uterus, 7-month fetus, and placenta.

Prenatal Development Models, Producer/Distributor: Hubbard Scientific Company. Distributor: Health Education Services, 4 anatomical models, $55 each, Grade Level: 6-12.

Four realistic, full-color anatomical models which help students visualize the human birth cycle. The three-dimensional models detail in cross-section the growth of a cell to an embryo, the stages of fetal development, and the process of birth itself.

Progressively Staged Birth Models, Producer/Distributor: Denoyer Geppert, 8 models on 3 wooden stands, $335, Grade Level: 7-12.

These models represent the basic prenatal stages of development and help to demonstrate the various types of delivery.

Reproductive Biology Set 101-106, Producer/Distributor: Cleveland Health Education Museum, 6 10" x 10" transparencies, purchase from $2.50 ea., Grade Level: 7-12.

These transparencies depict the male and female reproductive systems:

Set 101 - Male and Female Endocrine Systems Compared
Set 102 - Menstruation
Set 103 - Female and Male Reproductive Systems Compared
Set 104 - Male Genitals in Sagittal Section
Set 105 - Sperm Formation in Detail
Set 106 - Female Genitalia in Sagittal Section

Reproduction and Human Development Study Prints, Producer/Distributor: Denoyer Geppart, six sets of six prints, $85, Grade Level: K-6.

These vivid, colorful 8 1/2" X 24 1/2" prints depict reproduction in both animals and human beings.

Reproductive System, Producer/Distributor: Denoyer Geppert, 1 model, $178, Grade Level: 7-12.

Male and female pelvic insertions with 4-part cross sections include male genitalia, bladder, female genitalia, uterus with organs and glands, and mammary gland.

Reproductive Systems Models, Producer: Hubbard Scientific Company. Distributor: Health Education Services, 2 models, $55 each, Grade Level: 7-12.

Two full-colored, three-dimensional anatomical models of the male and female reproductive systems. Female model provides a clear demonstration of the origin of the ovum in the ovaries and the path to fertilization. Male model shows the path of sperm from origin to emission.

Teach-A-Bodies, Producer: June Harnest. Distributor: Teach-A-Bodies, rag dolls, $50-$75 a pair, Grade Level: 4-8.

Anatomically correct soft rag dolls which are available in male, female, Black, Caucasian, adult, child, and toddler versions. Can be used for teaching about puberty, birth control, childbirth, sexual abuse, and other sexuality topics.

3-M Transparencies, Producer/Distributor: 3-M Corporation, 20 transparencies each set, Grade Level: 7-12.

These sets include: Individual Health and Family Life - Grade Level: 7-9, Marriage and The Family: Responsibility and Privileges - Grade Level: 9-12, and Conception, Prenatal Development and Birth - Grade Level: 9-12.

Torso CJA-077, Producer/Distributor: George F. Cram Co., 23 part torso, $898, Grade Level: 7-12.

This 36" torso is natural size and comes with interchangeable male and female sex organs. Includes a comprehensive guide that identifies all parts and gives a full explanation of each.

Torso With 31 Parts, Producer/Distributor: Denoyer-Geppart, 1 model, 1 Record or Cassette, $891, Grade Level: 6-12.

Available in Black or White fleshtones, this model is complete with male, female, and sexless pelvic inserts. The record or cassette introduces the ten major body systems.

Transformer, Producer/Distributor: OMNI Education, board game, $25, Grade Level: 7-12.

An action-packed life simulation game designed to create an opportunity for adolescents to consider their attitudes about parenting. In the game, players "try out" the lifestyle of parenting, which involves child care, money management, and making decisions about the future.

Venereal Disease Guide, Producer/Distributor: Spenco, 1 chart, $94, Grade Level: 6-12.

This sturdy 24" X 24" X 3/4" chart describes seven sexually transmitted diseases and four methods of prevention. Mounted on a metal stand, this chart explains the symptoms, bacterial organism, and diagnosis and treatment of each disease.

Venereal Disease Transparencies, Producer/Distributor: Robert J. Brady Company, 33 Transparencies, Grade Level: 7-12.

A set of overhead transparencies for teaching about the two major venereal diseases, gonorrhea and syphilis. Includes modes of transmission, causes, dangers, symptoms, and cures. Some classic photographs of the first and second stages of syphilis are included.

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New York, NY 10017
212-682-0730

Educational Activities, Inc.
P.O. Box 392
Baldwin, NY 11520
516-223-4666

Educational Consortium
for Cable
24 Beechwood Road
Summit, NJ 07901
201-277-2870

Eye Gate Media
146-01 Archer Avenue
Jamaica, NY 11435
212-291-9100

Family Life Publications
Box 427
Saluda, NC 28773
704-749-4971

Fanlight Productions
P.O. Box 226
Cambridge, MA 02238
612-524-0980

Film Fair Communications
10900 Ventura Boulevard
P.O. Box 1728
Studio City, CA 91604
213-985-0244

Filmmakers Library
133 East 58th Street, Suite 703A
New York, NY 10022
212-355-6545

Films Incorporated
1144 Wilmette Avenue
Wilmette, IL 60091
312-256-4530

Focus International
333 West 52nd Street
New York, NY 10019
800-821-0514

Guidance Associates
Box 300
Communications Park
White Plains, NY 10602
914-666-4100

Health Education Services
10,000 Culver Blvd, Dept. H3
P.O. Box 802
Culver City, CA 90230

Alfred Higgins Productions
9100 Sunset Blvd
Los Angeles, CA 90069
213-878-0300

Hyperion Media Company
978 Peralta Avenue
Albany, CA 94707

Imperial Education Resources
19 Marble Avenue
Pleasantville, NY 10570

Jim Jackson & Co.
16 Laurel Street
Arlington, VA 02174
617-648-9283

Kuona, Ltd.
1303 Spring Street, NW
Atlanta, GA 30309
404-892-7536

Learning Corporation of America
1350 Avenue of the Americas
New York, NY 10019
212-397-9360

Marshfilm
P.O. Box 8082
Shawnee Mission, KS 66208
800-821-3303

Mass Media Ministries
2116 N. Charles Street
Baltimore, MD 21218
301-727-3270

McGraw-Hill Films
110 Fifteenth Street
Del Mar, CA 92014
714-453-5000

Media Fair, Inc.
380 Maple Avenue, West
Vienna, VA 22180
703-281-2223

Milner-Fenwick, Inc.
2125 Greenspring Drive
Timonium, MD 21093
800-638-8652

Mobius International
P.O. Box 315
Franklin Lakes, NJ 07417
201-891-8240

Arthur Mokin Productions
1600 West 60th Street
New York, NY 10023
212-757-4868

Motorola Teleprograms, Inc.
3710 Commercial Avenue
Northbrook, IL 60062
800-323-5343

National Audiovisual Center
General Services Administration
Attention: Order Section
Washington, DC 20409
301-763-1896

National Clearinghouse for Family Planning Information
P.O. Box 2225
Rockville, MD 20852
301-251-5176

National Foundation/March of Dimes
1275 Mamaroneck Avenue
White Plains, NY 10605
914-428-7100

New Day Films
P.O. Box 315
Franklin Lakes, NJ 07417
201-891-8240

New York University
100 Washington Square East
New York, NY 10003
212-598-2251

Nystrom
3333 Elston Avenue
Chicago, IL 60608
312-463-1144

ODN Productions
74 Varick Street #304
New York, NY 10013
212-431-8923

OMNI Education
P.O. Box 220
Somerville, NJ 08876
201-524-1506

Pathfinder Fund
1330 Boylston Street
Brookline, MA 02167
617-731-1700

Paulist Productions
P.O. Box 1057
Pacific Palisades, CA 90272
213-454-0688

Perennial Education, Inc.
930 Pitner Avenue
Evanston, IL 60202
800-323-9084

Phoenix Films, Inc.
470 Park Avenue, South
New York, NY 10016
212-684-5910

Planned Parenthood Center of Memphis
1407 Union Avenue
Memphis, TN 38104
901-725-1717

Planned Parenthood Center of Seattle-King County
202 16th Avenue, South
Seattle, WA 98144
206-447-2350

Planned Parenthood Federation of America
810 Seventh Avenue
New York, NY 10019
212-541-7800

Planned Parenthood of East Central Georgia
1247 15th Street
Augusta, GA 30901

Planned Parenthood of Minnesota, Inc.
1965 Ford Parkway
St. Paul, MN 55116
612-698-2401

Polymorph Films
118 South Street
Boston, MA 62111
617-542-2004

Pyramid Films
P.O. Box 1048
Santa Monica, CA 90406
213-828-7577

Serious Business Company
P.O. Box 315
Franklin Lakes, NJ 07417
201-891-8240

Society for Visual Education (SVE)
Department BG
1345 Diversey Parkway
Chicago, IL 60614
703-548-4300

Special Purpose Films
416 Rio Del Mar Boulevard
Aptos, CA 95003
408-688-6320

Spenco Medical Corporation
P.O. Box 8113
Waco, TX 76710
1-800-433-3334

Sunburst Communications
Room GN 2
39 Washington Avenue
Pleasantville, NY 10570
800-431-1934

Tampax
Educational Department
5 Dakota Drive
Lake Success, NY 11040
516-437-8800

Teach-A-Bodies
2544 Boyd Street
Fort Worth, TX 76109
817-923-2380

Texture Films, Inc.
1600 Broadway
New York, NY
212-505-1990

3-M Corporation
Box 3305
St. Paul, MN 55101
612-733-1110

Time-Life Films
Multi-Media Division
Time-Life Building
Rockefeller Center
New York, NY 10020
212-586-1212

Unitarian Universalist
Church
25 Beacon Street
Boston, MA 02108
617-742-2100

Bill Wadsworth Productions
1913 W. 37th
Austin, TX 78731
512-478-2971

Walt Disney Productions
800 Senora Avenue
Glendale, CA 91201
213-840-1000

WRS Motion Pictures
210 Semple Street
Pittsburg, PA 15213
412-683-6300